

<u>Double pulmonary diffusing capacity for NO and CO (DLNO/CO) in patients with COPD :</u> implications beyond traditional lung function assessments

Maufroy E¹, Perez Bogerd S², Forton K³, Scoubeau C³, Schaefer T³, Michils A², Van Muylem A², Faoro V³ ¹Research Unit in Rehabilitation Sciences, Faculty of Motor Sciences, Université Libre de Bruxelles, Belgium; ²Chest Departement, Erasme University Hospital, Université Libre de Bruxelles, Belgium; ³ Cardiopulmonary Exercise Physiology Laboratory, Faculty of Motor Sciences, Université Libre de Bruxelles, Bruxelles, Belgium

Background

- DLNO/CO is able to dissociate the membrane component (Dm) and the capillary volume (Vc) participating in gas exchange.¹
- Diffusion capacity of a gas across the alveolo-capillary membrane (Roughton-Forster Equation).²

$$\frac{1}{DLCO} = \frac{1}{Dm_{CO}} + \frac{1}{\theta_{CO}} V_C$$

$$\frac{1}{DLNO} = \frac{1}{Dm_{NO}} + \frac{1}{\theta_{NO} V_C}$$



Aim of the study

- Evaluate the interest of double diffusion in patients with COPD. Assess Dm and Vc.
 - > Correlate Dm and Vc with markers of proximal and peripheral ventilation as well as tissue oxygenation.

Methods

31 patients with COPD recruited from HUB (Erasme), who presented once to the laboratory with a previous medication washout (SABA 6-8h; LABA ≥ 48h; LAMA \geq 5 days).

Measurements



- Iung function : Measure of FEV₁, CPT, VR and DLCO.
- SBWO : Assessment of peripheral ventilatory heterogeneity.
- DLNO/CO : Single breath test, estimation of the capillary volume (Vc) and the membrane component (Dm).
- CT scan : Quantify the extent of emphysema.
- TcO₂ : non-invasive and reliable estimation of tissue oxygenation (forearm) measure).

Abbreviations: COPD: chronic obstructive pulmonary disease; DLCO: diffusing capacity for carbon monoxide; DLNO: diffusing capacity for nitric oxide; D: membrane component; Vc: capillary volume; O: affinity of the gaz for haemoglobin; SABA: short-acting β₂-agonist; LABA: long-acting β₂-agonist; LABA: long-acting muscarinic antagonist; ICS: inhaled corticosteroid; S_{He}: slope of Helium; VR: residual volume; TLC: total lung volume

Population Characteristics (N=31)	
Age (year)	65 ± 9
Sex (%F)	61
Active smoker (%)	35
GOLD A/B/E ³	26/50/26
COPD Assessment	12 ± 8
test	
FEV ₁ (%pred)	50 ± 17
FEV ₁ /FVC (%)	52 ± 10
DLCO (%pred)	52 ± 16
LABA (%)	90
LAMA (%)	94
ICS (%)	35
Dose	680 [500-800]
(µgBDPeq.day⁻¹)	

Dm and Vc according to GOLD groups



Results











HUB