MAJOR ARTICLE



# Dynamics and Dispersal of Local Human Immunodeficiency Virus Epidemics Within San Diego and Across the San Diego–Tijuana Border

Bram Vrancken,<sup>1,a,©</sup> Sanjay R. Mehta,<sup>2,a</sup> Santiago Ávila-Ríos,<sup>3</sup> Claudia García-Morales,<sup>3</sup> Daniela Tapia-Trejo,<sup>3</sup> Gustavo Reyes-Terán,<sup>4</sup> Samuel Navarro-Álvarez,<sup>5</sup> Susan J. Little,<sup>2</sup> Martin Hoenigl,<sup>2</sup> Heather A. Pines,<sup>2</sup> Thomas Patterson,<sup>2</sup> Steffanie A. Strathdee,<sup>2</sup> Davey M. Smith,<sup>2</sup> Simon Dellicour,<sup>1,6,a,©</sup> and Antoine Chaillon<sup>2,a</sup>

<sup>1</sup>Department of Microbiology, Immunology and Transplantation, Rega Institute, Laboratory for Computational and Evolutionary Virology, Katholieke Universiteit Leuven, Leuven, Belgium, <sup>2</sup>Division of Infectious Diseases and Global Public Health, University of California San Diego, San Diego, California, USA, <sup>3</sup>Centre for Research in Infectious Diseases, National Institute of Respiratory Diseases, Mexico City, Mexico, <sup>4</sup>Coordinating Commission of the Mexican National Institutes of Health, Mexico City, Mexico, <sup>5</sup>Hospital General de Tijuana, Tijuana, Mexico, and <sup>6</sup>Spatial Epidemiology Lab, Université Libre de Bruxelles, Belgium

**Background.** Evolutionary analyses of well-annotated human immunodeficiency virus (HIV) sequence data can provide insights into viral transmission patterns and associated factors. Here, we explored the transmission dynamics of the HIV-1 subtype B epidemic across the San Diego (US) and Tijuana (Mexico) border region to identify factors that could help guide public health policy.

*Methods.* HIV *pol* sequences were collected from people with HIV in San Diego County and Tijuana between 1996–2018. A multistep phylogenetic approach was used to characterize the dynamics of spread. The contributions of geospatial factors and HIV risk group to the local dynamics were evaluated.

**Results.** Phylogeographic analyses of the 2034 sequences revealed an important contribution of local transmission in sustaining the epidemic, as well as a complex viral migration network across the region. Geospatial viral dispersal between San Diego communities occurred predominantly among men who have sex with men, with central San Diego being the main source (34.9%) and recipient (39.5%) of migration events. HIV migration was more frequent from San Diego county towards Tijuana than vice versa. Migrations were best explained by the driving time between locations.

**Conclusions.** The US-Mexico border may not be a major barrier to the spread of HIV, which may stimulate coordinated transnational intervention approaches. Whereas a focus on central San Diego has the potential to avert most spread, the substantial viral migration independent of central San Diego shows that county-wide efforts will be more effective. Combined, this work shows that epidemiological information gleaned from pathogen genomes can uncover mechanisms that underlie sustained spread and, in turn, can be a building block of public health decision-making.

Keywords. HIV; phylogeography; Bayesian discrete phylogeography; generalized linear model.

San Diego County has the third highest number of human immunodeficiency virus (HIV) cases in California, with an estimated 13 200 persons living with HIV (PWH) [1, 2]. The state of Baja California in Mexico, which includes the city of Tijuana, has the eighth highest HIV prevalence in Mexico, with 9300 PWH, nearly all living in and around Tijuana [3]. Together, these cities constitute the San Diego–Tijuana border region, among the largest metropolitan areas in North America, with approximately 6 million residents. Further, the border between

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San Diego and Tijuana is the busiest land border-crossing area in the world with 43 million registered crossings in 2018 [4].

The HIV epidemic in the San Diego–Tijuana border region is complex. In contrast to other parts of Mexico and the United States that have epidemics in which the major risk group are men who have sex with men (MSM), the HIV epidemic along the border is more distributed among risk populations, including MSM, persons who inject drugs (PWID), persons who have transactional sex, and Mexican and Central American migrants [5–10]. Hence, the San Diego–Tijuana border region is at the crossroad of multiple risk groups, which leads to transmissions between risk groups [11], possibly enhancing the spread of HIV [12].

Genetic sequence data of pathogens are increasingly used to investigate the transmission dynamics of infectious diseases. This is possible because pathogens evolve as they spread, meaning that their genome contains a genetic imprint of past transmission events. By statistically analyzing this trail of mutations using phylogenetic models, we can detect linkages among infections in time and space that may not be evident otherwise,

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Correspondence: A. Chaillon, University of California San Diego Department of Medicine, 9500 Gilman Dr, MC 0697, La Jolla, CA 92093 (achaillon@health.ucsd.edu).

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and gain insights into the processes that govern the spatiotemporal spread among individuals. This holds the potential to support the planning, implementation, and evaluation of public health practices and response. More specifically, understanding the transmission dynamics by identifying the geographic locations and risk groups associated with viral dispersal can help direct effective prevention and surveillance efforts [13–18]. Here, we use a discrete phylogeographic approach, leveraging the evolutionary signal present in HIV sequences, to explore the patterns and trends in the HIV epidemics of the San Diego– Tijuana border region.

# **METHODS**

## **Compilation of Data Sets for Phylogenetic Inference**

Our data set was compiled using all available HIV subtype B partial *pol* sequences, the predominant circulating subtype in the United States and Mexico [19, 20] and samples obtained in convenience-based efforts from participants enrolled (1) in the San Diego Primary Infection Resource Consortium (SD PIRC) from 1996 to 2018; and (2) in Tijuana as part of the Mexican HIV Drug Resistance Surveillance Network studies (76%) [10, 21] and the Enlaces and El Cuete research studies (24%) [22] from 2008 to 2018. For all participants, sociodemographic information was collected by a counselor or technician at the time of blood sample donation, and included the date of collection, gender, age, and HIV transmission risk (and communities for San Diego). See Supplementary Figure S1 for a map of Tijuana and the communities where SD PIRC participants resided, and the Supplementary Material for cohorts' descriptions.

All studies were revised and approved by the University of California San Diego Human Research Protections Program or the National Institute of Respiratory Diseases (Mexico City) Ethics Review Board.

# **Phylogenetic Inference**

Transmission networks that best approximate the epidemic dynamics were identified following Cuypers et al [23]. For the identified networks, the spread across risk groups was reconstructed jointly with the geographical migration history in the BEAST 1.10.5 software package [24]. Transmission risks were defined as follows: heterosexual (HTS), MSM, heterosexual people who inject drugs (PWID-HTS), MSM who inject drugs (PWID-MSM), bisexual people, and other (Supplementary Table S1). The missing data for the risk group variable in the Tijuana cohort were accommodated for in the ancestral reconstructions as sampling uncertainty [25]. To accommodate for the different sampling periods of the cohorts, sensitivity analyses were performed in which all sequences from the SD PIRC cohort sampled prior to the inclusion of sequences from Tijuana were excluded (ie, prior to 2008; n = 406). We refer to these analyses as "time-filtered." A Generalized Linear Model

(GLM) extension of the discrete trait model implemented in BEAST 1.10.5 [26] was used to investigate the potential contribution of location-associated variables to the dispersal rates among San Diego County communities and Tijuana.

Details of the methods are provided in the Supplementary Methods.

## RESULTS

#### **Population Characteristics**

The San Diego–Tijuana data set included a total of 2034 partial *pol* sequences and associated sociodemographic data collected from 1996–2018 in San Diego (n = 806, including 49.7% sampled after 2008) and 2008–2018 in Tijuana (n = 1228). Enrolled PWH were predominantly male (83.5%; 1445/1730 PWH with available data), and reported an MSM risk (62%; 1004/1621 PWH with available data). Compared to PWH from Tijuana, PWH from San Diego were significantly more likely to be male (97% vs 71.8%, respectively; P < .01) and to report an MSM risk (including MSM also reporting injecting drug use; 93% vs 31.2%, respectively; P < .01; Supplementary Table S1). PWH from San Diego lived across 30 communities, while participants from Mexico were assigned to Tijuana as a single municipality (Supplementary Table S2; Supplementary Figure S1).

# Preliminary Phylogenetic Analysis and Down-Sampling

A set of 33 637 HIV-1 subtype B pol sequences from 60 countries across the world, collected between 1992 and 2018, was combined with the San Diego-Tijuana data set. Using a branch support threshold of 0.9 based on a Shimodaira Hasegawa (SH) procedure, 104 highly supported clusters corresponding to independent introductions of HIV-1 B lineages into the San Diego/ Tijuana area were identified (see Supplementary Tables S2 and S3). Of these clades, 58 (55.8%) included only sequences from PWH living in Tijuana, 28 (26.9%) comprised only sequences from persons living in San Diego County, and the remaining 18 clades (17.3%) included PWH living in both San Diego and Tijuana. Of these, clades that could not inform on the betweenlocation movement (ie, size <3 or with sequences from a single location) were excluded from further analysis. This downsampling left 31 clades, of which 15 (48.4%) included sequences from both San Diego County and Tijuana. Using a SH support threshold  $\geq 0.7$ , the final data set consisted of 41 clades, 19 (46.3%) of which included sequences from both sides of the border (Supplementary Figure S2). Sequences within the SH  $\geq$ 0.9 clades made up 75% of the sequences within clades identified through the relaxed branch support threshold of 0.7.

## **Discrete Phylogeographic Inferences**

*Transmission Dynamics Across San Diego County and Tijuana* Phylogeographic analyses of the 2034 sequences revealed a complex viral migration history across the region, with support for links between San Diego communities and reciprocal migration

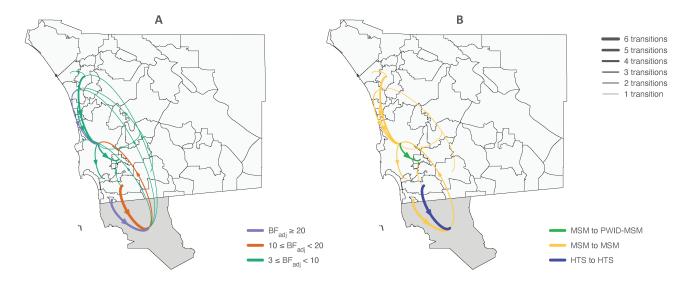
#### Table 1. Overview of the Well-Supported Migration Links Across Locations and Risk Groups

From	То	BF	$BF_{adj}$	BF	$BF_{adj}$
		Complete San Diego cohort		Time-filtered San Diego cohort	
Location					
Carlsbad	San Diego (central)	64.04	27	110.74	20.04
Chula Vista	Tijuana	43.99	11.34	27.82	4.42
Encinitas	San Diego (central)	15.03	3.88		
San Ysidro	Tijuana	44.46	32.43	98.68	6.64
Tijuana	Vista	7.5	4.08	4.78	3.59
Jamul	Carlsbad	39.65	3.09	29.9	3.63
Tijuana	Carlsbad	4.29	3.11	5.47	3.89
Lamesa	Chula Vista	14.25	3.22	16.21	4.02
Tijuana	La Jolla	5.25	3.13		
San Diego (central)	Lakeside	6.39	3.08	4.45	3.50
San Diego (central)	Lamesa	26.41	6.81	35.71	5.83
San Diego (central)	National City	16.94	4.67		
Vista	Oceanside	21.21	3.99	19.66	3.41
Tijuana	San Diego (central)	12.5	10.76	18.57	5.24
Vista	San Diego (central)	26.41	4.97	34.54	4.47
Escondido	San Ysidro			5.12	3.50
National City	San Diego (central)			17.31	3.25
Tijuana	Bonita			4.57	3.91
Lakeside	Escondido			9.53	5.56
San Diego (central)	Escondido			5.98	4.64
Spring Valley	La Jolla			9.11	6.52
Lamesa	Lakeside			3.17	3.62
Risk group					
HTS	PWID-HTS	33.36	16.16	47.78	26.23
PWID-HTS	MSM	22.7	5.07	16.1	4.26
Other risk	HTS	13.19	5.7	40.04	5.15
Bisexual	PWID-MSM	8.68	3.18	7.67	3.06
MSM	Other risk	5.89	3.04		
MSM	Bisexual	3.78	4.06		
HTS	PWID-MSM			4.78	3.47
MSM	PWID-MSM			8.44	85.85
MSM	HTS			6.67	3.86
PWID-MSM	HTS			4.36	3.51
Other risk	PWID-MSM			3.86	4.28

The BFs were obtained using a model averaging procedure (Bayesian stochastic search variable selection) [43]. We refer to the Supplementary Methods for details on how the  $BF_{ady}$  which is a more realistic measure of support compared to the "default" BF [44], is obtained.  $BF_{adj}$  support of 3 was considered as the lower bound for consideration [45]. Results based on clades identified with SH  $\ge 0.7$  are presented in Supplementary Table S4. Abbreviations: BF, Bayes factor;  $BF_{ady}$ , adjusted Bayes factor; HTS, heterosexual; MSM, men who have sex with men; PWID, people who inject drugs; SH, Shimodaira Hasegawa.

between San Diego and Tijuana (Table 1; Figures 1A and 2A). As the level of statistical support for a particular migration link does not inform on the relative importance of that pathway, the estimated number of expected migration events for the subset of well-supported movements was quantified (Figures 1A and 2A). This analysis showed that, on average, 69.7% of migration events occurred within San Diego County, while 30.3% were of cross-border events (Figure 2A). Central San Diego was a major hub of viral migration within San Diego County, as migration from central San Diego to other San Diego communities accounted for 34.9% of all migration events (BF  $\geq$ 3). Central San Diego was also the dominant destination of virus migration within San Diego County (39.5%), suggesting it was acting as

the gravitational center of the San Diego epidemic. Moreover, our model also revealed that migration from San Diego County, mainly from the border communities of Chula Vista and San Ysidro, which are adjacent to and less than 3 miles from the international border, towards Tijuana was more frequent than migration from Tijuana to San Diego (mainly towards La Jolla and central San Diego). Using the more conservative SH clade support threshold of  $\geq 0.7$  yielded similar findings (Supplementary Figure S3A; Supplementary Table S4). To evaluate the potential impact of the discrepancies in the sampling period for the SD PIRC cohort (starting in 1996) and Tijuana cohort (starting in 2008), we repeated the analyses after excluding sequences from the SD PIRC cohort collected prior to 2008 (n = 406). The signal



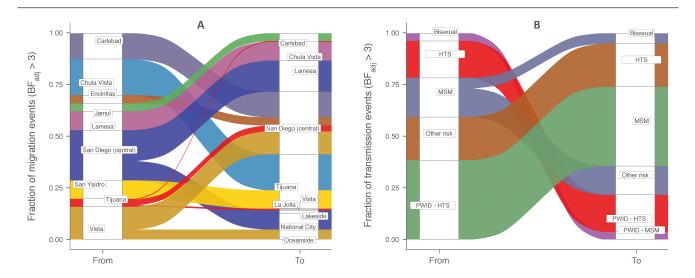
**Figure 1.** Lineage dispersal events between locations (ie, San Diego communities and the city of Tijuana) and between risk groups. *A*) The thickness of the arrows reflects the average number of inferred migration events between locations, and the color of the arrows indicates the corresponding  $BF_{adj}$  support. *B*) For all migration events between locations with  $BF_{adj} \ge 3$ , the thickness of the arrows reflects the average number of inferred migration events within or between risk groups, and the color of the arrows indicates the group mixing patterns. Results were obtained from discrete models including clades with SH branch support  $\ge 0.9$ . Tijuana is colored in darker gray. See also Supplementary Figure S5 for results from discrete models including clades with SH branch support  $\ge 0.7$ . Abbreviations:  $BF_{adj'}$  adjusted Bayes factor; HTS, heterosexual; MSM, men who have sex with men; PWID, people who inject drugs; SH, Shimodaira Hasegawa.

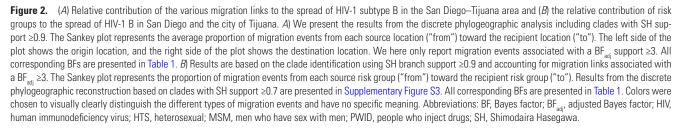
for more intense migration from San Diego towards Tijuana was robust to this time filtering (Supplementary Figure S4).

## Transmission Dynamics Between Risk Groups

As each sequence represents a unique PWH, the internal branches in the phylogeny can be assumed to encompass at least

1 migration event [27]. Hence, the inferred risks at the start and end nodes of internal branches can be used to assess the spread within and between risk groups. Among the 31 clades included in the model, MSM accounted for 30.3% of individuals from Tijuana and 92% of PWH living in San Diego county. This was consistent with the local population characteristics





(MSM representing 28.7% and 88.3% of PWH from Tijuana and San Diego, respectively). Of the links between risk groups that were significant (adjusted Bayes factor  $[BF_{adi}] \ge 3$ ; Table 1; Supplementary Table S4), those from HTS toward PWID-HTS and from PWID-HTS toward MSM were robust to the cluster identification threshold and the time filtering. Combined, they represent, on average, between 52.0% and 60.8% of all transmissions between risk groups across these analyses (Figure 2; Supplementary Figures S5 and S6; Supplementary Table S5). Transmission from bisexual people toward PWID-MSM was also consistently recovered, but this contributes only little to the mixing between risk groups (range, 1.4–5.1%). MSM and people that reported "other risk" are consistently identified as sources of spread, but spread to each risk group varies with the cluster identification threshold and time filtering. Their contribution to the overall spread also varies widely (the ranges for MSM and other risk are 11.9-24.1% and 3.2-20.9%, respectively).

As the geographical and risk group migration processes were simultaneously inferred, the association between the patterns of spread among locations and risk groups can be probed. Considering only internal branches that accommodate a migration event for SH  $\geq$ 0.9 and BF<sub>adj</sub>  $\geq$ 3, we observed that MSM were the major source risk group (on average, in 70% of the migration events between locations; Figure 1B). Viral migration from San Ysidro and Chula Vista toward Tijuana was among heterosexuals and MSM, respectively. In contrast, migration events from Tijuana towards central San Diego were associated with transmission among MSM. These findings are similar for the model with an SH threshold  $\geq$ 0.7 (Supplementary Figure S5*B*).

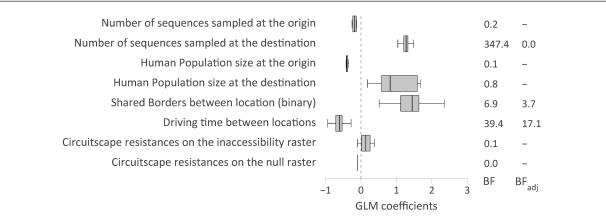
# **Estimating Correlates of Viral Migration**

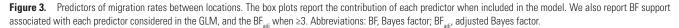
A phylogeography-based GLM analysis was used to investigate the association of potential explanatory variables to the dispersal of HIV across San Diego communities and Tijuana. Given the high degree of collinearity between the population size and number of HIV cases per administrative area, only population size was kept as a predictor in the final model. Here, shorter driving time (BF = 39.4) and shared borders (BF = 6.9) were both associated with the frequency of viral migration. These associations were robust to sampling imbalances (BF<sub>adj</sub> = 18.4 and 3.7, respectively), suggesting that the movement of HIV between communities in the region is driven mainly by access and proximity (Figure 3). A preliminary analysis clearly indicated that no interaction is expected between both predictors.

# DISCUSSION

This study focused on the San Diego–Tijuana border region, which encompasses the busiest land border crossing in the Western hemisphere. We found strong support for at least 104 independent transmission networks of HIV-1 subtype B within San Diego County and Tijuana. The majority (71/104; 68.3%) of these clades were comprised of sequences from a single community (central San Diego, n = 13; Tijuana, n = 57) and did not contribute to cross-border viral migration. This suggests that HIV transmission in San Diego County and Tijuana is mainly sustained by local transmission.

Many HIV prevention programs in large cities are focused on the downtown areas, as this approach is thought to most effectively contain viral spread [28], and this is also the first-phase focus of the Ending the HIV Epidemic program [29]. The high proportion of clades with sequences only from downtown San Diego indicates that this strategy makes sense. Furthermore, as transmissions towards other San Diego communities often originated from downtown San Diego (Figure 2A), this approach could also help reduce geographic spread at larger scales. On the flip side, the intensity of these intervention efforts is often significantly reduced in the surrounding suburban communities. San Diego County includes several larger population centers that each have





varying numbers of prevalent and incident cases. Virus migration from these suburban communities towards downtown San Diego (Figure 2A) underscores the need for prevention programs (eg, Ending the HIV Epidemic) to be vigilant for infections in all communities across a region, as infections in these peripheral communities can seed new chains of transmission in higher-risk communities and populations [30].

We also uncovered bidirectional viral migration across the San Diego-Tijuana border, which is predominantly from San Diego toward Tijuana. This indicates that controlling infections in San Diego has the potential to also positively affect the HIV burden in Tijuana and, to a lesser extent, vice versa. Specifically, we found evidence for cross-border viral transmission linking the communities of San Ysidro and Chula Vista (San Diego County communities close to the US-Mexico border) and Tijuana. The San Ysidro port of entry is among the busiest land border crossings in the world, with tens of thousands of daily commuters traveling from Tijuana to jobs in San Diego, and US residents working in maquiladoras, purchasing services, or seeking entertainment in Tijuana [31]. San Ysidro is tied closely to Mexico, as 93% of San Ysidro residents were Hispanic and, of those over 5 years old, 87% spoke Spanish [32]. Chula Vista, the second largest city in the San Diego County and also very close to the international border, was also identified as a source of HIV spread to Tijuana. These results show that in spite of anti-HIV programs targeting the border/border towns and local cross-border collaborative initiatives [22, 33], the US-Mexico border does not act as a major barrier to the spread of HIV. This should be a stimulant for more comprehensive efforts, including more coordinated cross-border collaboration. The latter can take the form of a binational border registry to help providers on both sides of the border manage patients that often move between countries. Maintaining these individuals in care with viral suppression is likely to reduce transmission in the region [34]. Data sharing could also be aimed at improved epidemic monitoring; for example, to allow for the timelier identification of growing transmission clusters [35, 36].

Viral migration between communities in the San Diego– Tijuana border region is negatively associated with driving time between communities. This indicates that progress in reducing the infectivity of PWH in 1 area will be most felt in nearby locations. Further analyses evaluating how viral migration into and out of a community is impacted by interventions (eg, screening for acute and early infection) delivered to those communities will be of great interest. With respect to this, promising developments are being made to accommodate such analyses in an online framework [37].

Understanding mixing patterns in transmission risk may also help in understanding which groups are at a greater risk of disassortative transmission (ie, transmission between different risk groups), potentially seeding new outbreaks [11, 38]. We found many links between risk groups (Figure 2; Supplementary Figure S5; Supplementary Table S5). This shows that the border region is a "melting pot" where different types of transmission networks are bridged, which is in line with previous findings [8, 39]. Furthermore, the joint spatial and risk group ancestral reconstructions revealed that viral dispersal within San Diego County occurred almost exclusively among MSM and MSM that also report injecting drug use. Migration events across the San Diego–Tijuana border towards Tijuana were confined within MSM or heterosexual networks, and viral migration towards San Diego was between MSM (Figure 1B; Supplementary Figure S5). Combined, this indicates that the risk group intermixing occurs almost uniquely within communities, and suggests that non-MSM, non-HTS risk groups do not drive longer-distance spread in this border region.

Some aspects of the spread process in the border region could not be captured by our analyses. In particular, the absence of high-resolution sampling location information for the Tijuana municipality implies that the inter-neighborhood spread in Tijuana could not be investigated. Like the general SD PIRC cohort [40, 41], the geo-annotated subset of the SD PIRC cohort reflects the demographics of the HIV population in San Diego (Supplementary Table S1), with a large majority of MSM and a sampling by community that is proportional to the local HIV prevalence [42]. In contrast, determining how well the Tijuana cohort represents the general HIV population in Tijuana is more challenging (see also Supplementary Material). Nonetheless, the Tijuana cohort reflects the gender and risk group characteristics of the local HIV epidemic, including a larger proportion of women (Supplementary Table S1). For the Tijuana general HIV population (and hence also our sample thereof), fear of discrimination and repression likely underlie reporting biases in disclosing risk behaviors; stigmatized risk groups (including MSM and PWID) are likely underreported and, consequently, our results likely underestimate their role in disassortative transmission. Bisexual people are grouped under "other risk" in the San Diego cohort, and because of this their role too is likely underestimated.

## CONCLUSION

In conclusion, our analysis of HIV migration across space and risk groups points to an uneven intensity of bidirectional viral migration across the US-Mexico border. We also identified central San Diego as a central hub in the regional geographic spread, and corroborate the importance of MSM in the movement of HIV across the region. The approaches used to gain these insights have the potential to become standard instruments in the public health response toolbox.

# **Supplementary Data**

Supplementary materials are available at *Clinical Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted

materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

Supplementary Table S1. Population characteristics. Note that PWID who did not report MSM as risk category are assumed to be heterosexual (ie, HTS and PWID).

Supplementary Table S2. Distribution of sequences per location in the original data set (with a total of 2034 sequences) and the final set based on clades with a Shimodaira Hasegawa (SH) support  $\geq$ 0.9 and 0.7.

Supplementary Table S3. Distribution of sequences per risk group in the original data set (with a total of 2034 sequences) and the final set based on clades with a Shimodaira Hasegawa (SH) support  $\geq 0.9$  and 0.7. The same risk group abbreviations as in Supplementary Table S1 are used. MSM: Men who have Sex with Men; PWID: Person Who Inject Drugs.

Supplementary Table S4. Bayes Factor support for all migration events across risk groups. BF<sub>adj</sub> of 3 was considered as the lower bound for consideration. Results based on clades identified with SH  $\geq$ 0.7. Results based on clades identified with SH  $\geq$ 0.9 are presented in Table 1.

Supplementary Table S5. Overview of the average contribution of the various risk groups to disassortative transmission. The contribution is expressed as the percentage of the total number of between-risk group migration events of each particular link. BF<sub>adj</sub> support of 3 was considered as the lower bound for consideration [45]; when no value is given, there was no BF<sub>adj</sub>  $\geq$ 3 support for that particular link between risk groups. Links between risk groups that are always well supported are highlighted in orange. Risk groups that are always well supported as a source of infections in other risk groups, but for which the risk group to which they spread HIV varies across the analyses, are highlighted in blue.

Supplementary Figure S1. Map of communities in San Diego county and Tijuana, Mexico. Areas from where samples were available are highlighted in light gray.

Supplementary Figure S2. Schematic description of the down-sampling procedure. The identification of well-supported clades that capture the San Diego–Tijuana epidemic dynamics was done following Cuypers et al [23]. After their identification, these clades were further down-sampled while preserving all information on the between-location dynamics. For this, we delineated clusters (\*) of sequences sampled from the same administrative area (ie, Tijuana or San Diego community), from which 1 randomly selected sequence was kept [14]. See the Methods section for details. SH: Shimodaira Hasegawa.

Supplementary Figure S3. (A) Relative importance of migration events between communities in San Diego and the city of Tijuana and (B) relative importance of migration events between risk groups in San Diego and the city of Tijuana. A) Results from the discrete phylogeographic analysis including clades with Shimodaira Hasegawa (SH) support ≥0.7. The Sankey plot represents the proportion of migration events from each source location ("from") toward the recipient location ("to"). Left side of the plot shows the source location and right side of the plot shows the destination location. We here only report migration events associated with an adjusted Bayes factor (BFadi)  $\geq$ 3. B) Results from the discrete phylogeographic analysis including clades with Shimodaira Hasegawa (SH) support ≥0.7. The Sankey plot shows the proportion of migration events from each source risk group toward the recipient risk group. Left side of the plot shows the source risk group ("from") and right side of the plot shows the destination risk group ("to"). We here only report migration events associated with an adjusted Bayes factor (BFadi)  $\geq$ 3. Corresponding results from the discrete phylogeographic reconstruction based on clades with SH support  $\geq$ 0.9 are presented in Figure 2.

Supplementary Figure S4. Number of introductions into San Diego from Tijuana and into Tijuana from San Diego per year based on the time-filtered analysis.

Supplementary Figure S5. Migration events between locations (ie, San Diego communities and the city of Tijuana) and between risk groups. *A*) The thickness of the arrows reflects the average number of inferred migration events between locations and the color of the arrows indicate the corresponding adjusted Bayes factor (BF<sub>adj</sub>) support. *B*) For all migration events between locations with BF<sub>adj</sub> ≥3, the thickness of the arrows reflects the average number of inferred migration events within or between risk groups and the color of the arrows indicates the group mixing patterns. Results were obtained from discrete models including clades with Shimodaira

Hasegawa (SH) support  $\geq$ 0.7. The Tijuana area is colored in darker gray. See also Figure 1 for results from discrete models including clades with Shimodaira Hasegawa (SH) branch support  $\geq$ 0.9.

Supplementary Figure S6. Relative importance of migration events between risk groups in San Diego and the city of Tijuana after excluding sequences from the San Diego PIRC cohort collected prior to 2008. We present the results from the discrete phylogeographic analysis including clades with Shimodaira Hasegawa (SH) support  $\geq 0.9$  (*A*) and 0.7 (*B*). The Sankey plot shows the proportion of migration events from each source risk group toward the recipient risk group. Left side of the plot shows the source risk group ("from") and right side of the plot shows the destination risk group ("to"). We here only report migration events associated with an adjusted Bayes factor (BF<sub>arb</sub>)  $\geq 3$ .

Supplementary Figure S7. Variables tested as predictors of migration rates across locations. (1) The numbers of sequences sampled at the origin/destination were included in the GLM to account for the potential impact of sampling biases within the analysis [26]. (2) The human population size obtained from the United States Bureau of Statistics [32] and the National Institute of Statistics and Geography of Mexico (INEGI) [46] and (3) the number of HIV cases [3, 47]. We also included a binary shared border predictor, a measure of road network connectivity (travel time solely through the road network), as well as pairwise resistance measures computed with the program Circuitscape on a null raster (uniform raster with all accessible cell values set to "1," tested to account for spatial distance [48]) and on an inaccessibility raster (reflecting the travel time toward nearest cities of at least 50 000 people).

## Notes

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