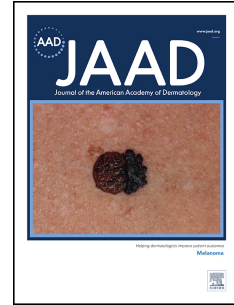


# Journal Pre-proof



The efficacy and tolerability of tetracyclines and clindamycin plus rifampicin for the treatment of hidradenitis suppurativa; results of a prospective European cohort study

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PII: S0190-9622(21)00176-6

DOI: <https://doi.org/10.1016/j.jaad.2020.12.089>

Reference: YMJD 15592

To appear in: *Journal of the American Academy of Dermatology*

Received Date: 28 September 2020

Revised Date: 19 December 2020

Accepted Date: 29 December 2020

Please cite this article as: van Straalen KR, Tzellos T, Guillem P, Benhadou F, Cuenca-Barrales C, Daxhelet M, Daoud M, Efthymiou O, Giamarellos-Bourboulis EJ, Jemec GBE, Katoulis AC, Koenig A, Lazaridou E, Marzano AV, Matusiak Ł, Molina-Leyva A, Moltrasio C, Pinter A, Potenza C, Romaní J, Saunte DM, Skroza N, Stergianou D, Szepietowski J, Trigoni A, Vilarrasa E, van der Zee HH, The efficacy and tolerability of tetracyclines and clindamycin plus rifampicin for the treatment of hidradenitis suppurativa; results of a prospective European cohort study *Journal of the American Academy of Dermatology* (2021), doi: <https://doi.org/10.1016/j.jaad.2020.12.089>.

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# The efficacy and tolerability of tetracyclines and clindamycin plus rifampicin for the treatment of hidradenitis suppurativa; results of a prospective European cohort study

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**52 Conflict of interest:**

53 KRvS: None declared.  
54 TT: Abbvie, UCB, Sanofi Genzyme  
55 PG: honoraria from AbbVie and Novartis as a consultant and nonpaid lectures for AbbVie, Brothier,  
56 Cicaplus, Coloplast, Inresa and Novartis  
57 FB: None declared.  
58 CCB: None declared.  
59 MDax: None declared.  
60 MDao: None declared.  
61 OE: None declared.  
62 EJGB: honoraria from Abbott CH, Angelini Italy, bioMérieux Inc, InflaRx GmbH, MSD Greece, and  
63 XBiotech Inc.; independent educational grants from AbbVie, Abbott, Astellas Pharma Europe,  
64 AxisShield, bioMérieux Inc, InflaRx GmbH, ThermoFisher Brahms GmbH, and XBiotech Inc; and  
65 funding from the FrameWork 7 program HemoSpec (granted to the National and Kapodistrian  
66 University of Athens), the Horizon2020 Marie-Curie Project European Sepsis Academy (granted to the  
67 National and Kapodistrian University of Athens), and the Horizon 2020 European Grant ImmunoSep  
68 (granted to the Hellenic Institute for the Study of Sepsis).  
69 GBEJ: GBE Jemec has received honoraria from AbbVie, Chemocentryx, Coloplast, Incyte, Inflarx,  
70 Kymera, Leo Pharma, Novartis, and UCB for participation on advisory boards, and grants from  
71 Abbvie, Astra-Zeneca, Inflarx, Janssen-Cilag, Leo Pharma, Novartis, Regeneron and Sanofi, for  
72 participation as an investigator, and received speaker honoraria from AbbVie, Boehringer-Ingelheim,  
73 Galderma, and Novartis. He has also received unrestricted departmental grants from Leo Pharma and  
74 Novartis.  
75 ACK: Abbvie, Novartis, Genesis Pharma, Mylan, Janssen, Leo Pharma, Lilly  
76 AK: was an investigator, speaker or advisor for AbbVie, Braun-Stiftung and Celgene  
77 EL: Speaker honoraria, and/or honoraria for participation in advisory boards, and/or grants from  
78 Abbvie, Novartis, Genesis Pharma, Mylan, Pfizer, Janssen, Leo Pharma, Roche, Lilly, UCB and Sanofi  
79 AVM: None declared.  
80 ŁM: reports personal fees from AbbVie, Amgen, Galapagos, InflaRx, Janssen-Cilag, LEO, Menlo,  
81 Novartis, Pfizer, Pierre Fabre, Regeneron, Trevi and UCB.  
82 AML: None declared.  
83 CM: None declared.  
84 AP: was an investigator, speaker or advisor for AbbVie, Almirall-Hermal, Amgen, Biogen Idec, Biontec,  
85 Boehringer-Ingelheim, Celgene, GSK, Eli Lilly, Galderma, Hexal, Janssen, LEO-Pharma, MC2,  
86 Medac, Merck Serono, Mitsubishi, MSD, Novartis, Pascoe, Pfizer, Tigercat Pharma, Regeneron,  
87 Roche, Sandoz Biopharmaceuticals, Sanofi-Genzyme, Schering-Plough and UCB Pharma.  
88 CP: None declared.  
89 JR: Abbvie, Novartis, LeoPharma, Janssen, Almirall, Isdin  
90 DMS: DM Saunte was paid as a consultant for advisory board meeting by AbbVie, Janssen, Sanofi,  
91 Leo Pharma and received speaker's honoraria and/or received grants from the following companies:  
92 Abbvie, Pfizer, Galderma, Novartis and Leo Pharma during the last 5 years.  
93 JS: reports personal fees from AbbVie, Amgen, Galapagos, InflaRx, Janssen-Cilag, LEO, Menlo,  
94 Novartis, Pfizer, Pierre Fabre, Regeneron, Sandoz, Sanofi, Sienna, Trevi and UCB.  
95 NS: None declared.  
96 DS: None declared.  
97 AT: Abbvie, UCB, Novartis, LEO  
98 EV: None declared.  
99 HHvdZ: honoraria from AbbVie

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110 0002-2874-7726.

111

112 **Funding sources:** None.

113 **IRB approval status:** The study was performed within daily practice and in  
114 accordance with current guidelines, therefore this study was  
115 deemed exempt from IRB review.  
116

117

118

118 **Manuscript word count:** 2238119 **Abstract word count:** 200120 **Capsule summary word count:** 50121 **References:** 36122 **Figures:** 1123 **Tables:** 4124 **Supplemental tables:** 2125 **Supplemental material available at <https://data.mendeley.com/datasets/xkz8rfyvdp/1>**

126

127 **Keywords:** acne inversa, treatment, therapy, antibiotics, tetracycline, doxycycline, minocycline,  
128 clindamycin, rifampicin, efficacy, outcome, guideline

129 **ABSTRACT**

130 **Background:** Tetracyclines and clindamycin plus rifampicin combination therapy are both  
131 considered first-line therapy in current Hidradenitis Suppurativa (HS) guidelines. However,  
132 evidence for their efficacy is drawn from small studies, often without validated outcomes.

133 **Objective:** To assess the 12-week efficacy of oral tetracyclines and a combination of  
134 clindamycin and rifampicin.

135 **Methods:** A prospective, international cohort study performed between October 2018 and  
136 August 2019.

137 **Results:** In total, 63.6% of the included 283 patients received oral tetracyclines and 36.4%  
138 were treated with clindamycin and rifampicin. Both groups showed a significant decrease in  
139 IHS4 from baseline (both  $p < 0.001$ ). HiSCR was achieved in 40.1% and 48.2% of patients,  
140 respectively ( $p = 0.26$ ). Patient characteristics or disease severity were not associated with  
141 attainment of HiSCR or the minimal clinically important differences for the DLQI and pain.

142 **Limitations:** Cohort study. Respectively 23.9% and 19.4% of patients had to be excluded  
143 from the HiSCR analysis for the tetracycline and combination therapy group due to a low  
144 abscess and nodule count at baseline.

145 **Conclusion:** This study shows significant efficacy of both tetracycline treatment and  
146 clindamycin and rifampicin combination therapy after 12 weeks in patients with HS. No  
147 significant differences in efficacy were observed between the two treatments, regardless of  
148 disease severity.

## 149 INTRODUCTION

150 Hidradenitis suppurativa (HS) is a chronic, auto-inflammatory skin disease characterized by  
151 painful, deep-seated, highly inflamed nodules and draining tunnels in the intertriginous areas  
152 of the body.<sup>1-3</sup> Traditionally HS has been treated with systemic antibiotics, which remain the  
153 first-line medical therapy to date. Current guidelines and consensus statements on the  
154 treatment of HS consistently recommend two types of antibiotic therapy as first-line  
155 treatment.<sup>4-11</sup> Oral tetracyclines, such as doxycycline and minocycline, are recommended as  
156 a first-line therapy for mild-to-moderate HS.<sup>4-11</sup> The combination of clindamycin and rifampicin  
157 is favored as a first-line therapy for moderate-to-severe HS but is also recommended as a  
158 second-line therapy for mild-to-moderate disease unresponsive to oral tetracyclines prior to  
159 biologic treatment.<sup>4-11</sup>

160 Even though these treatments are considered first-line therapy, the evidence to  
161 support their efficacy is weak. Oral tetracycline has been studied in an small randomized  
162 controlled trial, showing similar efficacy to topical clindamycin.<sup>12</sup> The efficacy of clindamycin  
163 and rifampicin combination therapy is derived from several small retrospective and  
164 prospective case series.<sup>13-22</sup> Therefore, the aim of this multicenter, international study was to  
165 assess the 12-week efficacy of oral tetracyclines and a combination of clindamycin and  
166 rifampicin using validated and clinically meaningful physician and patient reported outcomes  
167 in patients with HS. In addition, we aimed to identify factors associated with treatment  
168 response.

169

## 170 MATERIALS AND METHODS

### 171 *Study design*

172 A detailed protocol including study design, in- and exclusion criteria, HS treatment  
173 guidelines, assessment schedule, and timeline and was sent out in October 2018 to all  
174 centers who previously participated in an European Hidradenitis Suppurativa Foundation  
175 consortium study.<sup>5,11</sup>

176 *Participants*

177 Following this protocol, patients treated according to the current international guidelines with  
178 either oral tetracyclines (tetracycline 500mg b.i.d, doxycycline 100mg once daily, minocycline  
179 100mg once daily) or clindamycin 300mg b.i.d in combination with rifampicin 600mg a day in  
180 daily practice were included from 15 European centers between October 2018 and August  
181 2019. Patients were included in a real-life clinical practice setting without blinding or  
182 randomization. Exclusion criteria were concomitant systemic therapy, invasive treatment  
183 (deroofing, excision, laser therapy, incision and drainage procedure, or intralesional  
184 corticosteroids) during the 12 weeks, and missing lesion counts at either baseline of follow-  
185 up. Patient characteristics (age, gender, body mass index; BMI, disease duration, 1<sup>st</sup> or 2<sup>nd</sup>  
186 degree family history) were collected at baseline. Patient reported outcome measures  
187 (PROMs; numerical rating scale (NRS) pain, NRS pruritus, and Dermatological Life Quality  
188 Index; DLQI), and physician scores (inflammatory nodule count, abscess count, draining  
189 sinus tract count, International Hidradenitis Suppurativa Severity Score System; IHS4,  
190 modified Sartorius score, Hurley and Refined Hurley staging) were assessed at baseline and  
191 after 12 weeks of treatment.<sup>23-25</sup> Hidradenitis Suppurativa Clinical Response (HiSCR;  $\geq 50\%$   
192 reduction in inflammatory lesion count (abscesses + inflammatory nodules) and no increase  
193 in abscesses or draining fistulas compared with baseline) was calculated at 12 weeks.<sup>26</sup>

194 Minimal clinical important difference (MCID) was calculated for the DLQI score ( $\geq 4$   
195 point reduction from baseline) and for NRS Pain ( $\geq 30\%$  and  $\geq 1$  point reduction from  
196 baseline).<sup>27,28</sup> MCIDs were considered missing when patient did not meet baseline  
197 requirements for MCID calculations; i.e. DLQI score  $< 4$  and NRS pain score  $< 3$ . HiSCR was  
198 calculated for patients with a baseline abscess and nodule count of  $\geq 3$ .<sup>26</sup> Patients who  
199 discontinued treatment were deemed non-achievers of HiSCR, MCID DLQI, and MCID NRS  
200 Pain.

201

202

203



204 *Statistical analyses*

205 Patient characteristics are presented as number (percentage, %) for categorical variables  
206 and as mean  $\pm$  standard deviation (SD) or median [interquartile range, IQR] where  
207 appropriate for continuous variables. Normality was assessed using the Kolmogorov-Smirnov  
208 test. Differences in patient characteristics, PROMs and physician scores between treatment  
209 groups were assessed using independent Student t-tests or Mann-Whitney U tests for  
210 continuous variables and Chi-square tests or Fisher's exact test for categorical variables,  
211 where appropriate. Change from baseline after 12 weeks of treatment was assessed using  
212 paired T-tests or Wilcoxon signed-rank test for continuous variables. Univariate logistic  
213 regression models were constructed to assess the association of antibiotic treatment and  
214 HiSCR, MCID DLQI, and MCID NRS Pain attainment as well as to identify factors associated  
215 with treatment response.

216

217 **RESULTS**

218 In total 283 patients were included; 63.6% (180/283) patients received tetracycline treatment  
219 (tetracycline n=42, doxycycline n=121, minocycline n=17) and 36.4% (103/283) patients  
220 received treatment with a combination of clindamycin plus rifampicin. There were no  
221 significant differences between these two treatment groups regarding gender, age, age of  
222 onset, disease duration, BMI, smoking status, family history of HS, or previous surgical  
223 treatment (Table 1). Patients treated with clindamycin and rifampicin had significantly more  
224 severe disease reflected in a significantly higher number of inflammatory nodules ( $p=0.029$ )  
225 and draining sinus tracts ( $p=0.003$ ), higher IHS4 score ( $p=0.019$ ), Hurley stage ( $p=0.004$ ),  
226 modified Sartorius ( $p<0.001$ ), and NRS pain score ( $p=0.005$ ) compared with patients treated  
227 with tetracycline.

228 Both groups showed a significant decrease in IHS4 from baseline; from median of 9.0  
229 [5.0-18.5] to 5.0 [2.0-12.0] ( $p<0.001$ ) in the tetracycline group and from 13.0 [6.0-27.0] to 6.0  
230 [1.0-17.0] ( $p<0.001$ ) in the combination therapy (Table 2 and Figure 1). Reductions in all  
231 lesion counts were observed (inflammatory nodules, abscesses, and draining tunnels) There

232 was no significant difference in the percentage of patients achieving HiSCR between the  
233 tetracycline group (40.1%) and the clindamycin and rifampicin group (48.2%),  $p=0.263$  (Table  
234 2). HiSCR attainment was not related to Hurley stage or IHS4 category for either  
235 tetracyclines ( $p= 0.920$  and  $p=0.495$ ) and clindamycin and rifampicin ( $p=0.807$  and  $p=0.796$ ),  
236 see Table 3 and 4.

237 Patients in both groups reported a significant decrease in DLQI, NRS pain, and NRS  
238 pruritus after 12 weeks of treatment (Table 2 and Figure 1). There was no significant  
239 difference between the treatment groups regarding the percentage of patients that achieved  
240 either the MCID for NRS pain or the MCID for the DLQI,  $p= 0.643$  and  $p=0.084$  respectively.  
241 MCID pain was significantly more often achieved by patients in Hurley stage III or IHS4  
242 severe category, respectively  $p=0.028$  and  $p=0.001$  in the tetracycline group. No significant  
243 difference for MCID pain attainment was found in the clindamycin and rifampicin group.

244 Univariate regression analysis revealed no significant difference between treatment  
245 with tetracycline or clindamycin and rifampicin regarding attainment of either HiSCR, MCID  
246 NRS Pain, or MCID DLQI; respectively OR 1.39 (95% CI 0.80-2.40,  $p=0.243$ ), OR 1.58 (95%  
247 CI 0.94-2.65,  $p=0.085$ ), and OR 1.18 (95% CI 0.64-2.18,  $p=0.590$ ), see Table 3. HiSCR  
248 attainment was not associated with specific patient characteristics, baseline PROMs or  
249 physician scores for either tetracycline or clindamycin and rifampicin treatment  
250 (Supplemental Table 1 and 2 available through [*Mendeley link*]). Baseline inflammatory  
251 nodule count was significantly associated with MCID NRS Pain attainment in both the  
252 tetracycline and the combination treatment group, respectively OR 1.15 (95% CI 1.02-1.30,  
253  $p=0.023$ ) and OR 1.11 (95% CI 1.01-1.23,  $p=0.034$ ), see Supplemental Table 1 and 2.

254 Gastrointestinal side effects, not leading to treatment discontinuation, were reported  
255 by 16.4% of patients in the tetracycline group compared with 11.8% of the patients in the  
256 combination treatment group,  $p=0.346$ . The percentage of participants discontinuing either  
257 tetracycline treatment (10.7%) or clindamycin and rifampicin treatment (15.8%) due to side  
258 effects did not differ significantly,  $p=0.260$ .

259 No significant associations were found for BMI, age, smoking status, discontinuation  
260 of treatment, or gastrointestinal side effects for either tetracycline or combination treatment,  
261 data not shown. Women more often reported gastrointestinal side effects compared with men  
262 when treated with tetracyclines, OR 2.81 (95% CI 1.04-7.56, p=0.041). No such association  
263 was found for treatment with clindamycin and rifampicin.

264

## 265 **DISCUSSION**

266 This multicenter, prospective study shows significant reduction in IHS4, pain and DLQI  
267 scores after 12 weeks of treatment with both tetracyclines treatment and clindamycin and  
268 rifampicin combination therapy. The use of tetracyclines in HS is derived from a small  
269 randomized controlled trial showing equal efficacy of oral tetracyclines and topical  
270 clindamycin in patients with mild-moderate HS using a non-validated outcome.<sup>12</sup> More  
271 recently, HiSCR response was assessed in a retrospective case series of patients treated  
272 with systemic doxycycline 100mg b.i.d, with 60% of patients achieving HiSCR after 12 weeks  
273 of treatment.<sup>14</sup> This is markedly higher than the 40.1% HiSCR attainment found in the  
274 tetracycline group in our study. However, no baseline AN-count was reported by Vural et al.,  
275 which is known to influence HiSCR attainment, and the included population may not be  
276 comparable to our study.<sup>14</sup> Nonetheless, doxycycline has previously been shown to have a  
277 dose-response effect in reducing inflammatory lesions in patients with moderate to severe  
278 acne vulgaris.<sup>29</sup> As the same mechanisms of effect of tetracyclines (anti-bacterial and anti-  
279 inflammatory) are assumed in acne and HS, a similar dose-response effect in HS is  
280 conceivable.

281 Current guidelines advice the use of clindamycin 300mg bid and rifampicin 300mg  
282 twice daily or 600mg once daily for a duration of 10-12 weeks for moderate-to-severe HS.<sup>30</sup>  
283 Treatment with clindamycin and rifampicin has been previously assessed in one prospective  
284 and several smaller retrospective trials with differing types of administration (IV or oral),  
285 dosage (e.g. 4 times 125 mg of clindamycin or 300mg twice daily,) and timing of the primary

286 endpoint (ranging from 8 – 12 weeks).<sup>13-22</sup> Overall, HiSCR was achieved by 33.3%-56.7% of  
287 patients treated with clindamycin + rifampicin. Even though some of these studies report  
288 excluding patients lost to follow-up from the efficacy analysis, potentially inflating response  
289 rates, our study found HiSCR attainment in the higher end of this range (48.2%). Severe HS  
290 might represent a specific subtype.<sup>31</sup> Contradictory results regarding an association between  
291 disease severity and clinical response have been reported. Caposiena Caro et al. found that  
292 HiSCR attainment on clindamycin plus rifampicin therapy was significantly more common in  
293 patients with mild and moderate disease, measured with both the Hurley stage and IHS4  
294 (respectively  $p < .001$  and  $p = 0.02$ ).<sup>15</sup> Our results show no association between disease  
295 severity and HiSCR attainment, similar to the results from Dessinioti et al..<sup>18</sup>

296 Current guidelines advice the use of a combination of clindamycin and rifampicin.<sup>4-11</sup>  
297 However, rifampicin has been shown to dramatically reduce plasma concentrations of  
298 clindamycin, making a meaningful contribution of clindamycin to either bacterial resistance or  
299 reduction of inflammation in this combination unlikely.<sup>32</sup> A retrospective study found similar  
300 rates of HiSCR attainment between treatment with clindamycin and rifampicin compared with  
301 clindamycin alone after eight weeks of treatment; 56.7% vs. 63.3% ( $p = 0.598$ ), excluding  
302 patients who were lost to follow-up from the efficacy analysis.<sup>19</sup>

303 Even though there are validated MCID values for both the NRS pain and the DLQI  
304 only one registry study has published MCID results to date, with them lacking in the large  
305 randomized controlled trials.<sup>26-28,33</sup> Achieving the MCID, defined as the smallest change that  
306 a patient would identify as clinically meaningful, could be more informative and clinically  
307 relevant than the mean reductions in DLQI or pain scores frequently reported in HS clinical  
308 trials. Overall, in our study approximately 60% of patients attained a clinically meaningful  
309 difference in NRS pain and between 36-47% a meaningful improvement in DLQI score, with  
310 no significant differences between treatment groups.

311 Gastro-intestinal side effects are a main concern as they often lead to discontinuation  
312 of treatment.<sup>34,35</sup> The frequency of gastro-intestinal side effects in our study (11.8%) was  
313 slightly lower than those previously reported in a large retrospective study and the only

314 prospective study on clindamycin and rifampicin to date, respectively 14% and 19.2%.<sup>17,18</sup>  
315 However, the discontinuation rate (15.8%) in our study was slightly higher than seen in these  
316 studies, 11.4% and 11.5% respectively. Interestingly, more gastrointestinal side effects, not  
317 leading to treatment discontinuation, were noted in the tetracycline group while more  
318 treatment discontinuation was seen in the clindamycin and rifampicin group.

319 In the current HS treatment guidelines and consensus statements, tetracyclines are  
320 considered first-line treatment for mild-to-moderate HS whereas the combination of  
321 clindamycin and rifampicin is favored for moderate-to-severe HS.<sup>4-11</sup> Interestingly our study  
322 revealed no significant differences between the two antibiotic strategies for the validated  
323 outcomes HiSCR, MCID Pain, or MCID DLQI even in patients with moderate-to-severe HS.  
324 These results suggest that tetracyclines could be considered as first-line treatment in  
325 patients with moderate-to-severe disease. This could prove especially valuable in countries  
326 with endemic tuberculosis where rifampicin is preferably reserved for the treatment of  
327 tuberculosis or in patients with relative contraindications due to potential drug interaction  
328 such as e.g. oral contraceptives.<sup>36</sup> Moreover, guidelines advice that biologics (adalimumab)  
329 can be initiated after failure of conventional treatment, often clindamycin and rifampicin  
330 combination therapy.<sup>4-11</sup> However, as our study suggests that this treatment is similar to  
331 treatment with tetracyclines, failure on tetracycline treatment could be a sufficient indication  
332 for biologic eligibility. Nonetheless, a head-to-head randomized, blinded controlled trial  
333 comparing tetracycline treatment with clindamycin and rifampicin combination therapy is  
334 needed to increase the evidence to a level where firmer conclusions can be drawn.

335 A limitation of this study is inherent to the calculation of the HiSCR. In accordance  
336 with its original publication, HiSCR can only be calculated in patients with three or more  
337 inflammatory lesions (abscesses and nodules) at baseline.<sup>26</sup> Overall, respectively 23.9% and  
338 19.4% of patients had to be excluded from the HiSCR analysis for the tetracycline and  
339 combination therapy group based on the low abscess and nodule count at baseline.  
340 However, this is not representative of real life and hampers the extrapolation of HiSCR

341 results to routine clinical settings. This issue could potentially be overcome by a dichotomous  
342 version of the IHS4 score.

343 In conclusion, this study shows no significant difference between patients treated with  
344 tetracyclines or with a combination of clindamycin and rifampicin in the validated outcomes  
345 HiSCR, IHS4, MCID DLQI, and MCID Pain after 12 weeks, regardless of disease severity.  
346 These results might suggest that tetracyclines could be considered as first-line treatment in  
347 patients with moderate-to-severe disease, and failure to tetracyclines may be a sufficient  
348 indication for the initiation of biologic therapy.

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450 **TABLE LEGENDS**

451

452

453 **Table 1. Baseline characteristics**

454 BMI; body mass index, HS; Hidradenitis Suppurativa, DLQI; Dermatology Quality of Life Index, NRS; Numerical  
 455 rating scale, IHS4; International Hidradenitis Suppurativa Scoring System

456

457 **Table 2. Response to treatment after 12 weeks**

458 DLQI; Dermatology Quality of Life Index, MCID; minimal clinically important difference, NRS; Numerical rating  
 459 scale, IHS4; International Hidradenitis Suppurativa Scoring System, HiSCR; Hidradenitis Suppurativa Clinical  
 460 Response.\* compared with baseline scores, ^ comparison of tetracycline and clindamycin + rifampicin groups

461

462 **Table 3. Response to treatment per disease severity category**

463 MCID; minimal clinically important difference, DLQI; Dermatology Quality of Life Index, HiSCR; Hidradenitis  
 464 Suppurativa Clinical Response. \* Hurley stage missing for 1 patient on tetracyclines.

465

466 **Table 4. Regression analysis of validated outcomes**

467 OR; Odds ratio, MCID; minimal clinically important difference, DLQI; Dermatology Quality of Life Index, NRS;  
 468 Numerical rating scale, BMI; body mass index, IHS4; International Hidradenitis Suppurativa Scoring System. \*  
 469 reference categories; female, non-smokers, no family history, no previous surgical treatment

470

471 **Supplemental Table 1. Identification of factors associated with response to**472 **tetracyclines**

473 OR; Odds ratio, MCID; minimal clinically important difference, DLQI; Dermatology Quality of Life Index, NRS;  
 474 Numerical rating scale, BMI; body mass index, IHS4; International Hidradenitis Suppurativa Scoring System. \*  
 475 reference categories; female, non-smokers, no family history, no previous surgical treatment

476

477 **Supplemental Table 2. Identification of factors associated with response to**478 **clindamycin and rifampicin**

479 OR; Odds ratio, MCID; minimal clinically important difference, DLQI; Dermatology Quality of Life Index, NRS;  
 480 Numerical rating scale, BMI; body mass index, IHS4; International Hidradenitis Suppurativa Scoring System. \*  
 481 reference categories; female, non-smokers, no family history, no previous surgical treatment

482 **FIGURE LEGENDS**

483

484 **Figure 1. Response after 12 weeks of treatment**

485 **A. DLQI, B. IHS4, C. NRS Pain, D. NRS Pruritus**

486 DLQI; Dermatology Quality of Life Index, IHS4; International Hidradenitis Suppurativa Scoring System, NRS;  
487 Numerical rating scale. \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ .

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488 **Table 1. Baseline characteristics**

	Tetracyclines n=180		Clindamycin and Rifampicin n=103		p-value
<b><u>Patient characteristics</u></b>					
<b>Gender</b>					
Females, n (%)	106	(58.9)	56	(54.4)	0.533
<b>Age, median [IQR]</b>					
Missing, n	37	[26-46]	36	[27-45]	0.917
	0		1		
<b>Age of onset, median [IQR]</b>					
Missing, n	21	[15-30]	21	[16-28]	0.854
	3		0		
<b>Disease duration, median [IQR]</b>					
Missing, n	10	[6-19]	10	[5-17]	0.415
	3		1		
<b>BMI, mean (SD)</b>					
Missing, n	29.81	(6.1)	29.21	(6.2)	0.428
	6		0		
<b>Current smoker, n (%)</b>					
Missing, n	110	(61.8)	56	(56.6)	0.443
	2		4		
<b>Family history of HS, n (%)</b>					
Missing, n	58	(34.3)	34	(35.1)	1.000
	11		6		
<b>Previous surgical treatment, n (%)</b>					
Missing, n	69	(38.3)	39	(38.6)	1.000
	0		2		
<b><u>Patient reported outcomes</u></b>					
<b>DLQI, mean (SD)</b>					
Missing, n	13.3	(7.5)	15.1	(7.9)	0.071
	8		7		
<b>NRS Pain, median [IQR]</b>					
Missing, n	6	[4-8]	7	[5-8]	<b>0.005</b>
	7		3		
<b>NRS Pruritus, median [IQR]</b>					
Missing, n	3	[0-6]	4	[0-7]	0.204
	13		8		
<b><u>Physician scores</u></b>					
<b>Inflammatory nodules, median [IQR]</b>					
	3.5	[1.0-6.0]	4	[2-9]	<b>0.029</b>
<b>Abscesses, median [IQR]</b>					
	0.0	[0.0-2.0]	0	[0-2]	0.975
<b>Draining sinus tracts, median [IQR]</b>					
	1.0	[0.0-2.0]	1	[0-4]	<b>0.003</b>
<b>Hurley stage</b>					
Stage I, n (%)	54	(30.2)	14	(13.6)	<b>0.004</b>
Stage II, n (%)	90	(50.3)	58	(56.3)	
Stage III, n (%)	35	(19.5)	31	(30.1)	
Missing, n	1		0		
<b>Refined Hurley stage</b>					
Stage Ia, n (%)	22	(12.3)	2	(1.9)	<b>0.004</b>
Stage Ib, n (%)	24	(13.4)	9	(8.7)	
Stage Ic, n (%)	17	(9.5)	11	(10.7)	
Stage IIa, n (%)	22	(12.3)	6	(5.8)	
Stage IIb, n (%)	42	(23.5)	25	(24.3)	
Stage IIc, n (%)	29	(16.2)	28	(27.2)	
Stage III, n (%)	23	(12.8)	22	(21.4)	
Missing, n	1		0		
<b>IHS4, median [IQR]</b>					
Mild, n (%)	9.0	[5.0-18.5]	13.0	[6.0-27.0]	<b>0.019</b>
Moderate, n (%)	29	(16.1)	8	(7.8)	<b>0.032</b>
Severe, n (%)	77	(42.8)	38	(36.9)	
	74	(41.1)	57	(55.3)	
<b>Modified Sartorius, median [IQR]</b>					
Missing, n	25.5	[17.0-44.0]	40.0	[26.0-59.0]	<b>&lt;0.001</b>
	38		46		

489 BMI; body mass index, HS; Hidradenitis Suppurativa, DLQI; Dermatology Quality of Life Index, NRS; Numerical rating scale, IHS4; International Hidradenitis Suppurativa Scoring System.

491 **Table 2. Response to treatment after 12 weeks**

	Tetracyclines n= 180		p-value*	Clindamycin & Rifampicin n=103		p-value*	p-value^
<b><u>Patient reported outcomes</u></b>							
<b>DLQI, mean (SD)</b>	10.2	(8.2)	<b>&lt;0.001</b>	9.8	(7.6)	<b>&lt;0.001</b>	
Missing, n	7			3			
<b>DLQI MCID achieved, n (%)</b>	58	(36.3)		44	(47.3)		0.084
Missing, n	20			10			
<b>NRS Pain, median [IQR]</b>	4.0	[1.5-7.0]	<b>&lt;0.001</b>	3	[0.0-5.5]	<b>&lt;0.001</b>	
Missing, n	4			3			
<b>NRS Pain MCID achieved</b>	58	(59.8)		51	(63.8)		0.643
Missing, n	83			23			
<b>NRS Pruritus, median [IQR]</b>	1.0	[0.0-5.0]	<b>&lt;0.001</b>	1.0	[0.0-5.0]	<b>&lt;0.001</b>	
Missing, n	12			8			
<b><u>Physician scores</u></b>							
<b>Inflammatory nodule count, median [IQR]</b>	2.0	[0.0-4.0]	<b>&lt;0.001</b>	2.0	[0.0-4.0]	<b>&lt;0.001</b>	
<b>Abscess count, median [IQR]</b>	0.0	[0.0-1.0]	<b>&lt;0.001</b>	0.0	[0.0-1.0]	<b>0.001</b>	
<b>Draining sinus tract count, median [IQR]</b>	0.0	[0.0-2.0]	<b>&lt;0.001</b>	1.0	[0.0-2.0]	<b>&lt;0.001</b>	
<b>IHS4, median [IQR]</b>	5.0	[2.0-12.0]	<b>&lt;0.001</b>	6.0	[1.0-17.0]	<b>&lt;0.001</b>	
Mild, n (%)	58	(32.2)		34	(33.0)		
Moderate, n (%)	70	(38.9)		29	(28.2)		
Severe, n (%)	52	(28.9)		40	(38.8)		
<b>Modified Sartorius, median [IQR]</b>	17.0	[10.0-35.0]	<b>&lt;0.001</b>	25.0	[13.0-44.0]	<b>&lt;0.001</b>	
Missing, n	41			45			
<b>HiSCR achieved</b>	55	(40.1)		40	(48.2)		0.263
Missing due to baseline count <3, n	43			20			
<b><u>Discontinuation and side effects</u></b>							
<b>Discontinuation</b>	19	(10.7)		16	(15.8)		0.260
Missing, n	3			2			
<b>GI side effects not leading to discontinuation</b>	24	(16.4)		10	(11.8)		0.346
Missing	34			18			

DLQI; Dermatology Quality of Life Index, MCID; minimal clinically important difference, NRS; Numerical rating scale, IHS4; International Hidradenitis Suppurativa Scoring System, HiSCR; Hidradenitis Suppurativa Clinical Response.\* compared with baseline scores, ^ comparison of tetracycline and clindamycin + rifampicin groups

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499 **Table 3. Response to treatment per disease severity category**

	Hurley stage I	Hurley stage II	Hurley stage III	p-value	IHS4 mild	IHS4 moderate	IHS4 severe	p-value
<b>Tetracyclines</b>	n=54*	n=90*	n=35*		n=29	n=77	n=74	
<b>HiSCR achieved, n (%)</b>	15 (39.5)	30 (41.7)	10 (37.0)	0.920	5 (41.7)	20 (34.5)	30 (44.8)	0.495
Missing, n	16	18	8		17	19	7	
<b>MCID DLQI achieved, n (%)</b>	20 (41.7)	28 (35.4)	10 (31.3)	0.629	9 (31.0)	25 (32.5)	24 (34.3)	0.901
Missing, n	6	11	3		6	10	4	
<b>MCID Pain achieved, n (%)</b>	13 (41.9)	29 (64.4)	16 (76.2)	<b>0.028</b>	3 (23.1)	19 (51.4)	36 (76.6)	<b>0.001</b>
Missing, n	23	45	14		16	40	27	
<b>Clindamycin + Rifampicin</b>	n=14	n=58	n=31		n=8	n=38	n=57	
<b>HiSCR achieved, n (%)</b>	3 (37.5)	24 (51.1)	13 (46.4)	0.807	1 (25.0)	12 (48.0)	27 (50.0)	0.796
Missing, n	6	11	3		4	13	3	
<b>MCID DLQI achieved, n (%)</b>	6 (54.5)	25 (49.0)	13 (41.9)	0.763	2 (33.3)	16 (47.1)	26 (49.1)	0.843
Missing, n	3	7	0		2	4	4	
<b>MCID Pain achieved, n (%)</b>	5 (62.5)	28 (62.2)	18 (66.7)	0.941	2 (40.0)	17 (58.6)	32 (69.6)	0.357
Missing, n	6	13	4		3	9	11	

MCID; minimal clinically important difference, DLQI; Dermatology Quality of Life Index, HiSCR; Hidradenitis Suppurativa Clinical Response. \* Hurley stage missing for 1 patient on tetracyclines.

501 **Table 4. Regression analysis of validated outcomes**

	HiSCR			MCID DLQI			MCID Pain		
	n	OR (95% CI)	p-value	n	OR (95% CI)	p-value	n	OR (95% CI)	p-value
<b>Antibiotic treatment</b>	220	1.39 (0.80-2.40)	0.243	253	1.58 (0.94-2.65)	0.085	177	1.18 (0.64-2.18)	0.590
<b>Patient characteristics</b>									
<b>Gender*</b>	220	1.03 (0.60-1.77)	0.910	253	0.98 (0.59-1.62)	0.928	177	0.97 (0.52-1.79)	0.915
<b>Age</b>	219	1.02 (1.00-1.04)	0.051	252	1.00 (0.99-1.03)	0.395	177	1.03 (1.00-1.05)	<b>0.042</b>
<b>Age of onset</b>	218	1.02 (0.99-1.05)	0.126	250	1.00 (0.98-1.03)	0.855	176	1.03 (1.00-1.07)	0.051
<b>Disease duration</b>	217	1.02 (0.99-1.05)	0.291	249	1.01 (0.99-1.04)	0.257	176	1.00 (0.98-1.03)	0.782
<b>BMI</b>	215	0.99 (0.95-1.04)	0.786	247	0.96 (0.96-1.04)	0.799	173	1.00 (0.94-1.05)	0.858
<b>Smoking status*</b>	218	1.35 (0.78-2.36)	0.286	250	1.34 (0.80-2.27)	0.271	174	2.03 (1.09-3.80)	<b>0.026</b>
<b>Family history of HS*</b>	208	1.02 (0.57-1.81)	0.955	238	1.07 (0.62-1.83)	0.820	165	1.15 (0.60-2.22)	0.673
<b>Previous surgical treatment*</b>	219	1.14 (0.66-1.96)	0.644	251	1.21 (0.72-2.02)	0.468	175	1.63 (0.86-3.09)	0.138
<b>Patient reported outcome measures at baseline</b>									
<b>DLQI</b>	211	1.04 (1.00-1.07)	0.053	251	1.11 (1.07-1.16)	<0.001	170	1.02 (0.98-1.07)	0.305
<b>NRS Pain</b>	216	1.03 (0.93-1.14)	0.601	250	1.06 (0.97-1.17)	0.215	176	1.01 (0.88-1.16)	0.867
<b>NRS Pruritus</b>	208	1.07 (0.98-1.16)	0.131	240	1.11 (1.03-1.20)	0.009	169	1.07 (0.97-1.18)	0.154
<b>Physician scores at baseline</b>									
<b>Inflammatory nodule count</b>	220	1.06 (1.00-1.12)	<b>0.044</b>	253	1.03 (0.98-1.08)	0.299	177	1.13 (1.05-1.22)	<b>0.002</b>
<b>Abscess count</b>	220	0.96 (0.87-1.07)	0.473	253	1.06 (0.96-1.17)	0.271	177	1.18 (1.02-1.37)	<b>0.026</b>
<b>Draining sinus tract count</b>	220	0.96 (0.87-1.04)	0.340	253	0.92 (0.84-1.00)	0.054	177	1.06 (0.94-1.19)	0.328
<b>Presence of sinus tracts</b>	220	0.90 (0.52-1.54)	0.690	253	0.78 (0.47-1.31)	0.352	177	1.36 (0.73-2.54)	0.332
<b>Hurley stage</b>									
Hurley stage I		<i>reference</i>			<i>reference</i>			<i>reference</i>	
Hurley stage II	220	1.22 (0.71-2.08)	0.475	252	1.03 (0.62-1.70)	0.922	177	1.16 (0.63-2.13)	0.626
Hurley stage III	220	0.93 (0.50-1.72)	0.814	252	0.80 (0.44-1.44)	0.459	177	1.75 (0.86-3.57)	0.125
<b>IHS4</b>	220	1.00 (0.98-1.01)	0.677	253	0.99 (0.98-1.01)	0.331	177	1.03 (1.01-1.05)	<b>0.017</b>
Mild		<i>reference</i>			<i>reference</i>			<i>reference</i>	
Moderate	220	0.74 (0.42-1.28)	0.281	253	1.02 (0.61-1.70)	0.941	177	0.63 (0.34-1.17)	0.139
Severe	220	1.43 (0.83-2.45)	0.194	253	1.03 (0.62-1.70)	0.916	177	2.85 (1.52-5.34)	<b>0.001</b>
<b>Modified Sartorius</b>	161	0.99 (0.98-1.00)	0.100	183	0.99 (0.98-1.00)	0.054	122	1.00 (0.98-1.01)	0.603

OR; Odds ratio, MCID; minimal clinically important difference, DLQI; Dermatology Quality of Life Index, NRS; Numerical rating scale, BMI; body mass index, IHS4; International Hidradenitis Suppurativa Scoring System. \* reference categories; female, non-smokers, no family history, no previous surgical treatment

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508 **Supplemental Table 1. Identification of factors associated with response to**  
509 **tetracyclines**

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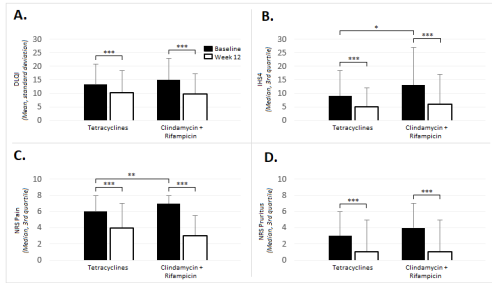
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512 **Supplemental Table 2. Identification of factors associated with response to**  
513 **clindamycin and rifampicin**  
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### **CAPSULE SUMMARY**

- Evidence for the efficacy of tetracyclines and clindamycin plus rifampicin in Hidradenitis Suppurativa (HS) is drawn from small studies, often without validated outcomes.
- Both treatments with tetracyclines and clindamycin combined with rifampicin show significant efficacy in patients with HS. No significant differences in efficacy were observed, regardless of disease severity.