

# Ultrastructural Pathology

ISSN: (Print) (Online) Journal homepage: <https://www.tandfonline.com/loi/iusp20>

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To cite this article: Jacques Gilloteaux , Joanna Bouchat , Jean-Pierre Brion & Charles Nicaise (2020) The osmotic demyelination syndrome: the resilience of thalamic neurons is verified with transmission electron microscopy, Ultrastructural Pathology, 44:4-6, 450-480, DOI: [10.1080/01913123.2020.1853865](https://doi.org/10.1080/01913123.2020.1853865)

To link to this article: <https://doi.org/10.1080/01913123.2020.1853865>



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Published online: 03 Jan 2021.



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## The osmotic demyelination syndrome: the resilience of thalamic neurons is verified with transmission electron microscopy

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### ABSTRACT

The development of a murine model of osmotic demyelinating syndrome (ODS) allowed to study changes incurred in extrapontine zones of the CNS and featured neuron and glial cell changes in the relay thalamic ventral posterolateral (VPL) and ventral posteromedial (VPM) nuclei before, during and after ODS induction, and characterized without immune response. There, the neuron Wallerian-type deteriorations were verified with fine structure modifications of the neuron cell body, including some nucleus topology and its nucleolus changes. Morphologic analyses showed a transient stoppage of transcriptional activities while myelinated axons in the surrounding neuropil incurred diverse damages, previously reported. Even though the regional thalamus myelin deterioration was clearly recognized with light microscopy 48 h after osmotic recovery of ODS, ultrastructure analyses demonstrated that, at that time, the same damaged parenchyma regions contained nerve cell bodies that have already reactivated nucleus transcriptions and neuroplasm translations because peculiar accumulations of fibro-granular materials, similar to those detected in restored ODS astrocytes, were revealed in these restructuring nerve cell bodies. Their aspects suggested to be accumulations of ribonucleoproteins. The findings suggested that progressive neural function's recovery in the murine model could imitate some aspects of human ODS recovery cases.

### ARTICLE HISTORY

Received 27 September 2020  
Revised 15 November 2020  
Accepted 17 November 2020

### KEYWORDS

Murine; thalamus; neuron; cell body; nucleus; nucleolus; ultrastructure; osmotic demyelination syndrome; cell injury; restoration

*“Fortiter defendit triumphans”* ('Triumphing by brave defense')

[Motto of Newcastle upon Tyne, UK]

### Introduction

The osmotic demyelination syndrome (ODS) encompasses a non-inflammatory neuropathology of broad symptomatology: from disorientation, slight confusion, paresis, deafness, memory loss to seizure, unresponsiveness and coma, depending on the degree of myelin loss in the brain distributed as ‘central pontine myelinolysis’ (CPM) and ‘extrapontine myelin’ (EPM) lesions<sup>1–8</sup> with EPM preceding those of CPM.<sup>9–11</sup> Possibly, human EPM cases seemed more frequent than CPM.<sup>12</sup> Furthermore, the percentage of patients involved with ODS has increased recently due to a more frequent magnetic resonance imaging (MRI) utilization in clinical settings.<sup>10,13–23</sup>

Chronic hyponatremia with subsequent ODS can occur in diverse conditions as soon as homeostatic level of [Na<sup>+</sup>] is perturbed<sup>24–28</sup> and can be more frequent in aging population.<sup>29</sup> In the old and current literature, number of reports of regional CPM and EPM ODS defects showed as consequences of abrupt adjustment of a temporary or chronic deficiency of the homeostatic sodium gradient. Its etiology can be found in a series of diverse afflictions,<sup>30</sup> such as in these exemplary list of clinical studies: alcoholism and/or combined with malnutrition,<sup>1,19,31–40</sup> cranio-facial and neurosurgeries,<sup>41,42</sup> diarrhea with AIDS,<sup>43</sup> excessive vomitus alone<sup>44</sup> or associated with pregnancy,<sup>45,46</sup> hyper glycemia,<sup>47</sup> pediatric diabetes,<sup>48</sup> diabetes insipidus due to cancer treatments,<sup>49</sup> folate deficiency, and kidney defect,<sup>50</sup> Grave's disease,<sup>51</sup> diuretic unbalance, and heart failure,<sup>52–55</sup> heat exhausting exercise,<sup>56,57</sup> liver cirrhosis,<sup>58,59</sup> or liver transplantation.<sup>29,60,61</sup>

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Disorders of sodium and osmotic homeostasis have been found in diverse small mammals.<sup>62,63</sup> Laboratory rats and dogs have traditionally been the species used in ODS research studies.<sup>64–67</sup> The development of genetically modified mouse models has hinted a way for the manipulation of genes or cells possibly relevant to the pathophysiology of ODS. Insofar, three other studies have tried to create rodent models of ODS.<sup>68–71</sup> In the present paradigm, mice were experimentally subjected to chronic severe hyponatremia and then abruptly corrected allows to comfort the other published studies on this developed model of osmotic demyelinating syndrome (ODS) where changes were found in several CNS CPM and EPM regions, where containment and repairs were focused on the relay ventral posterolateral (VPL) and ventral posteromedial (VPM) thalamic nuclei. There, the susceptibility toward osmotic-induced demyelination as ODS was triggered by astrocytes signals from the osmolyte stress to oligodendrocytes allowed some responses of microglial cells and myelinolysis without incurring neuron cell death.<sup>72–74</sup>

The aims of this report specifically focused on neuron's cell body changes the same areas, i.e. the ventral posterolateral (VPL) and ventral posteromedial (VPM) relay nuclei, during and after ODS by using morphology techniques, with emphasis on electron microscopy aspects. The morphology of these murine thalamic relay areas was illustrated by endured neuron changes in demyelination with some distal extension excisions of the Wallerian type where no nerve cell death had occurred. During the treatment, some internal strategy revealed changes of the nucleoplasm and its nucleolus that comforted some slowed down or even hiatus or stoppage in nerve cell bodies of their transcriptional and translational activities. Those functions appeared reinstated as soon as 48 h following rebalancing the physiologic environmental natriuremia. The collected data comforted the cell's survival adjustments compared to those of the macroglial and microglial cells of the myelinolytic areas of the thalamus of the same ODS readjustment periods studied and described in the aforementioned contributions.<sup>72–74</sup> These ultrastructure data can complete or resembled the clinical resolution observed with osmotic resolution noted in recent clinical findings<sup>75</sup> but where, in some cases,

the clinical treatment and resolution is still uncertain.<sup>76–78</sup> Furthermore, our observations certainly open for further studies to understand and verify as to how neuron along with neuroglial plasticity would further restore functions of those susceptible CNS regions.

## Materials and methods

### *The animals*

Male C57bl/6 J mice, aged from 3 to 4 months were kept in the University Animal Facility according to the experimental ODS protocol was conducted in compliance with the European Communities Council Directives for Animal Experiment (2010/63/EU, 86/609/EEC and 87–848/EEC), approved by the Animal Ethics Committee of University of Namur (ethic project number 14–210).

### *The murine ODS protocol*

ODS induction was based on the correction of a chronic hyponatremia, according to an adapted protocol from,<sup>67</sup> as described in.<sup>72,73</sup> Briefly, an osmotic minipump (Model 1004, Alzet, Cupertino, CA) was filled with desmopressin acetate (2 µg/ml; Minirin, Ferring, Saint-Prex, Switzerland) and inserted subcutaneously under anesthesia into the back of animals at day 0. Standard pellets and water were switched to a low-sodium liquid diet (AIN76A, MP Biomedicals, Santa Ana, CA), given ad libitum for the whole duration of hyponatremia. At day 4, hyponatremia level and serum sodium were increased back to normonatremia using a single intraperitoneal injection of NaCl 1 M (1.5 ml/100 g body weight). Minipumps were left into animals until the end of experiments. Unless otherwise specified, any procedure involving anesthesia was performed using intraperitoneal injection of a cocktail of ketamine 100 mg/kg and xylazine 5 mg/kg.

### *Experiment groups*

This fine structure investigation complements others made with neurophysiology, histology, and immunohistochemistry where four groups were used (Figure 1): Group 1 were normonatremic mice (NN; n = 2) sacrificed at day 0; Group 2

were hyponatremic mice (HN; n = 2) sacrificed 4 days after the induction of hyponatremia (day 0 + 4-day treatment period) of 'chronic hyponatremia' as described in the ODS protocol. Groups 3 and 4 were mice which underwent the 4-day 'chronic hyponatremia' abruptly provided with normonatremia as both ODS Groups., i.e. Group 3 included mice sacrificed 12 h after this fast restoration of normal natremia, thus named ODS 12 h group (ODS12h; n = 3) while Group 4 mice encompassed mice sacrificed 48 h post osmotic correction hence named ODS48h (n = 3).

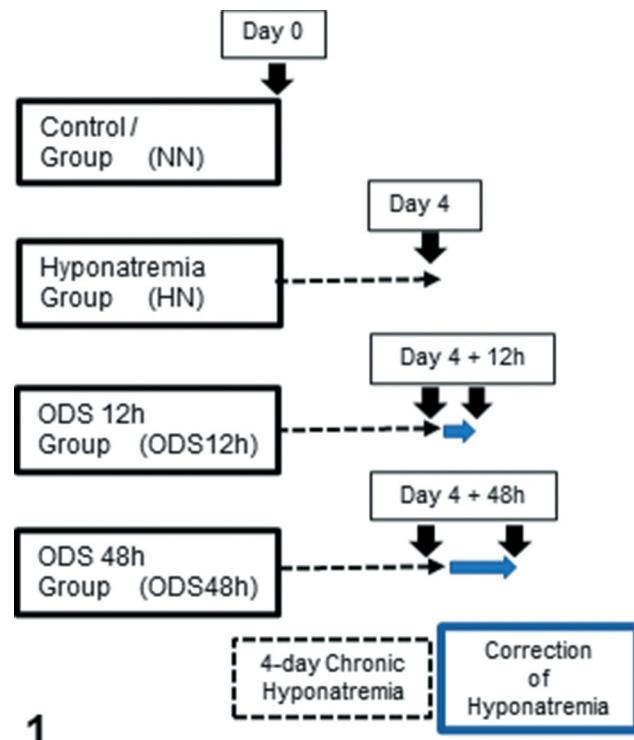
#### **Light microscopy (LM) and immuno-histochemistry**

Under anesthesia, all the mice were exsanguinated and perfused transcardially with warm NaCl 0.9% followed by phosphate-buffered 4% paraformaldehyde (PFA). Brains were removed, divided into two hemispheres and post-fixed overnight in the same PFA fixative solution.

For histology, brains were then dehydrated, paraffin-embedded and sectioned into 6 µm thick microscopic preparations that were stained with

hemalum and chromoxane cyanine R or Eriochrome C for general topographic observation of nuclei and myelin.<sup>79,80</sup>

For immune-histochemistry, a general processing was followed according to Sternberger.<sup>81</sup> The paraffin sections were dewaxed, rehydrated and heat-induced antigen retrieval was performed in citrate buffer pH 6 at 100°C for 10 minutes. Endogenous peroxidase was quenched using 3% H<sub>2</sub>O<sub>2</sub> in methanol for 10 min. Nonspecific binding was blocked using 5% horse or goat serum diluted in Tris-buffered saline (TBS) for 15 min. In order to characterize neurons, sections were then incubated overnight at 4°C with NeuN primary antibodies diluted (1:1000, Cell Signaling D3S3I, Leiden, The Netherlands) in TBS containing 1% normal serum, overnight at 4°C. Then, sections incubated with a biotinylated secondary antibody (1:100, Vectastain, Vector Laboratories, Burlingame, CA) for 1 hr at room temperature and contrasted peroxidase-bound streptavidin (1:100; Vectastain) for 45 min. Revelation was done using diaminobenzidine substrate (Dako, Glostrup, Denmark). Finally, sections were counterstained with hemalum, dehydrated,



**Figure 1.** Experiments performed on 4 groups of 2 mice excepted for ODS 48 h which included 3 mice. Normonatremic mice (NN) from group 1 were sacrificed at day 0 (arrow) while uncorrected hyponatremic mice (HN) were sacrificed 4 days after the induction of hyponatremia (arrow). ODS mice were sacrificed as groups 3 and 4, at respectively 12 and 48 h post correction (arrows).

and mounted in DPX. Sections were observed with an Olympus BX63 microscope (Olympus, Tokyo, Japan) equipped with Hamamatsu Orca-ER camera, and images were acquired with the Cell Sens software.

### Electron microscopy

Under anesthesia, mice were perfused transcardially with a solution of PFA 2% and glutaraldehyde 2% in 0.1 M phosphate buffer (pH 7.4). Selected brain regions were harvested and post-fixed in glutaraldehyde 4% for 2 hr. Thalamus ventral posterolateral (VPL) and ventral posteromedial (VPM) thalamic regions were dissected (Figure 1b) and VPM and VPL nuclei were sampled (lateral plans 1.0 to 2.0 mm from interhemispheric fissure) according to the mouse brain atlas of Franklin and Paxinos.<sup>82</sup> Samples were harvested using a neurological punch of 0.69 mm of internal diameter (Fine Science Tools #18036-19, Heidelberg, Germany). Tissues were washed in Millonig's buffer containing 0.5% sucrose for 24 hr and were then post-fixed in OsO<sub>4</sub> 2%, dehydrated and finally embedded in epoxy resin. Semi-thin sections were stained with toluidine blue to choose selected regions of interest

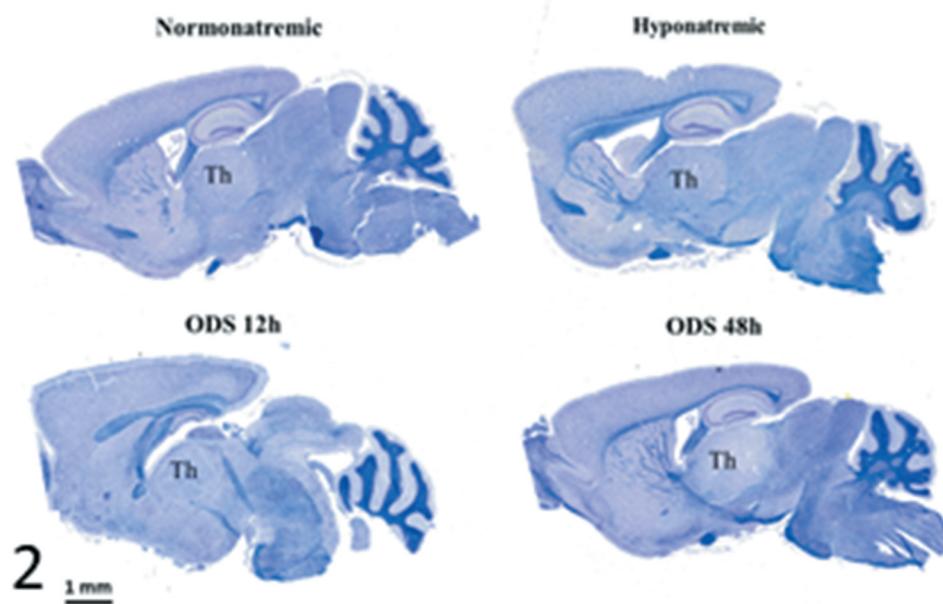
for fine structure analyses. Ultrathin gray sections (ranging from 40 to 70 nm) of these regions, obtained with a diamond knife, collected on 200 and 300 mesh nickel grids (Micro to Nano, Haarlem, The Netherlands) and contrasted with uranyl acetate and lead citrate were observed with a Philips Tecnai 10 electron microscope, at an accelerating voltage of 60–80 kV, equipped with a digitized Olympus ITEM platform MegaView G2 image analysis.

## Results

### Light microscopy (LM)

#### Myelin and ODS

Figure 2a–d is a pane of microscopic anatomy of mice NN, HN, ODS 12 h and ODS 48 h brain sections stained with hematoxylin and Eriochrome C. The damaged thalamus region in ODS48h treated mice was poorly stained compared with those of NN, HN, and ODS12h thalami where no obvious difference of myelin staining was observed with LM. The ODS 48 h section revealed the entire zone had undergone myelinolysis at that stage, post HN treatment, said as after chronic



**Figure 2.** Panel from sagittal sections of normonatremia (NN) or Sham, hyponatremia (HN), 12 h after correction of hyponatremia (ODS12h) and 48 h after correction of hyponatremia (ODS48h) mice brains. All stained with hemalum and eriochrome cyanine and ODS 48 h best revealed thalamus (th) as demyelination zone.

hyponatremia, and fast readjusted to normonatremia; this is when LM showed recognizable histopathological damages.

#### **LM and NeuN immunolabeling**

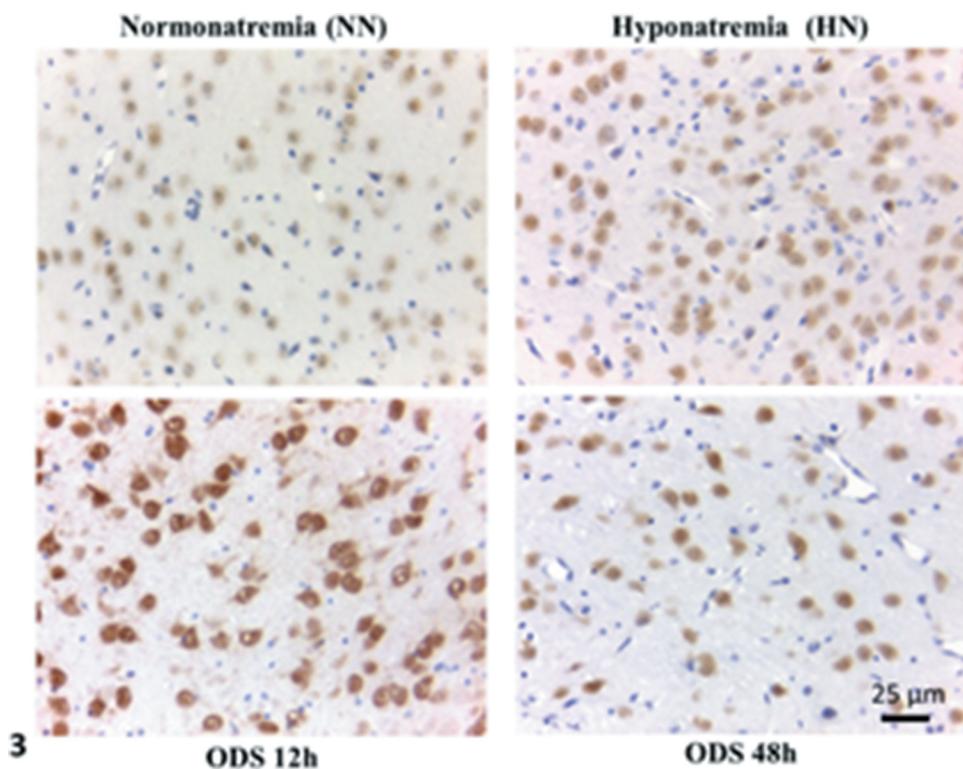
The NeuN marker labeled all the neurons of the sections of the ventral posterior thalamic nucleus from NN-, HN-, ODS12h- and ODS48h-treatments. Albeit of similar thickness, each showed difference in the NeuN contrast while hemalum stained nuclei, including those of macroglia, noted as satellite oligodendrocytes and highlighted in the examples inserted of each treatment in the same pane, **Figure 3**. At first glance, ODS12h treated thalamic sections contained cell bodies with the highest labeling intensity for NeuN of the detected marker and, following a qualitative review of the faint to strong brownish hue. One evaluated semi-quantitatively NeuN contrasts between treatments to be in the sequence: ODS12h > NN = ODS48h > HN. It is noteworthy to indicate that if ODS12h showed the highest contrast among all, the nuclei bore a poor NeuN label as they appeared with large emptied patches across the nucleoplasm while all

other treatments revealed a diffused cell body immunostained pattern that encompassed nucleus and neuropil.

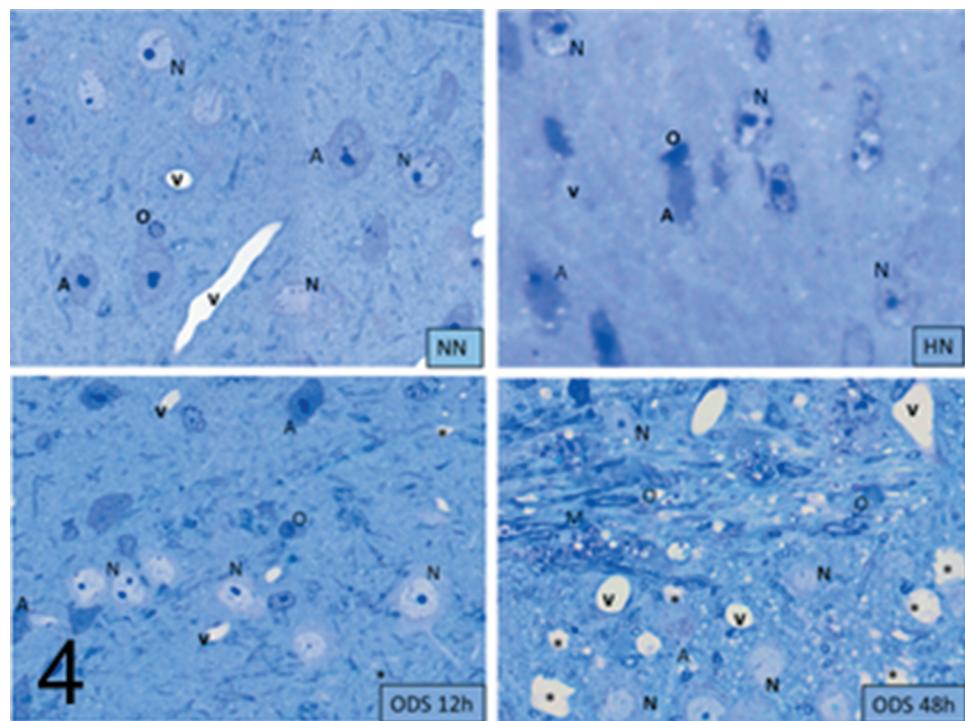
#### **LM of semi-thin epoxy sections**

In both the ventral posterolateral (VPL) and ventral posteromedial (VPM) thalamic regions

(the ventral posterior nucleus) 1- $\mu$ m semi-thin sections stained with toluidine blue, Sham or NN neuron cell bodies were easily recognized from the neuroglial cells (**Figure 4** NN, HN, ODS12h, and ODS48h). The neuron somata were usually the largest sized cells, round to oblong that ranged between 9.0 and 12.5  $\mu$ m in diameter; they contained a large, poorly-contrasted nucleus (7.5 to 11  $\mu$ m in diam.). The large nuclei were often creased against a pale basophil neuropil that displayed a highly-contrasted but wide nucleolus against a faint metachromatic perikaryon due to some glycogen content. Although, following HN and ODS12h treatments, cell bodies did not demonstrate obvious damage under LM examinations, a definite rounding or shrinking compacted aspect were noted for most nucleoli in both HN and



**Figure 3.** NeuN immunolabeled paraffin sections of NN-, HN-, ODS12h- and ODS48h-treated thalamic ventral posterior nucleus. Scales in ODS48h main micrograph is for all micrographs.



**Figure 4.** Panel illustrating 1  $\mu\text{m}$ -thick epoxy thick sections of NN, HN, ODS12h and ODS48h from the ventral posterior nucleus thalamic region. Examples of some neuron cell bodies (N), astrocytes (A), oligodendrocytes (O), and myelinated tracts (M) are indicated throughout; in ODS12h and 48 h sections, myelinolysis neuropil cavities are marked (\*) while other clear spaces, lined by endothelial cells are small blood vessels. Scales equal 10  $\mu\text{m}$ .

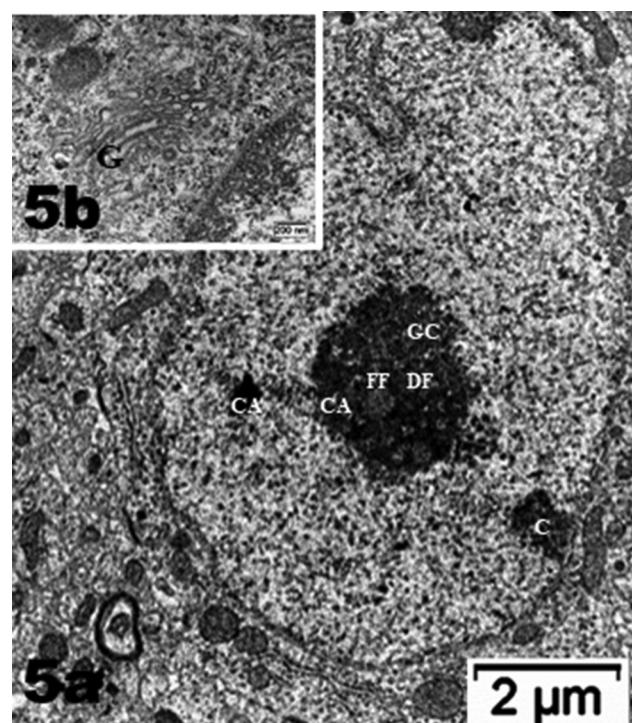
ODS12h treatments. On the opposite, ODS48h-treated nuclei appeared to reveal NN features, including the topology of invaginated nucleolemma showing grooves and even some basophilia throughout the neuropil. This contrasted with the histologic, paraffin preparation where the ODS48h overall damage was observed by paler staining in the Eriochrome-stained sections of Figure 2, likely caused by an overall myelinolytic detection. Thus, if all the light microscopic preparations originated from NN, HN, ODS 12 h and ODS 48 h demonstrated nucleus and perikaryon changes, one had to survey these findings with fine structure analyses in order to verify what type(s) of ultrastructural modifications had been taken place in the thalamus where neurons have endured some Wallerian degeneration by hyponatremia and its rapid rebalancing. Following ODS, the features detected in each of the treatment became interesting in spite of the ODS 48 h cell bodies to appear in many aspects similar to NN nuclei while adjacent surrounding structures featured some remained degradations (Figure 4 ODS48h).

#### Ultrastructural aspects

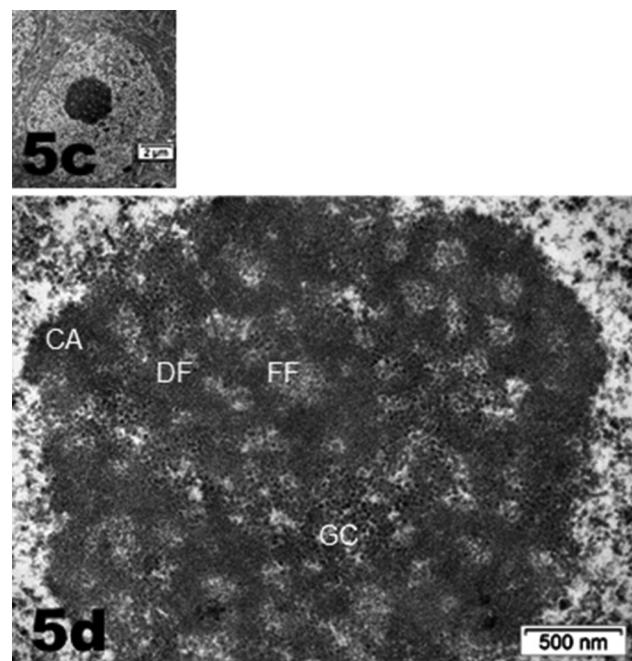
The fine structure observations here reported concerned both the ventral posterolateral (VPL) and ventral posteromedial (VPM) thalamic nuclei cell bodies. There, most are interneurons whose neuropil contain long entwined neurite's extensions undergoing ODS myelinolysis, i.e. axons, dendrites and neuroglial structures that were investigated in other studies.<sup>72–74</sup> It is also clear that, at ODS12h, the ultrastructure examination allowed to verify the demyelinating zones along with the surrounded intact region of the thalamus nuclei while LM aspects were not entirely able to show the fine changes whether damaged, undamaged or undergoing repairs. For each treatment, several examples of cell bodies were displayed in panes of Figures 5–15.

#### NN thalamus

NN neuron cell bodies were typically oblong to round-shaped according to randomness of sectioning. They contained a large euchromatic nucleus with minor to deep indentations that gave them



**Figure 5.** (a–d): Selected views of NN murine neuron cell bodies of the latero-ventral thalamic nuclei and enlarged aspects of nucleoli. (a, c and d): Euchromatic nuclei with slightly indented envelopes with quasi centrally-located nucleoli with their 3 main highly active transcriptional featured components: CA: chromatin associated, part of (c): chromatin, as associated with the inner nuclear envelope; DF: dense fibrillar, FF: fine fibrillar region accompanied by its cloud of ribonucleoprotein transcript products as granules i.e. small and large ribosomal and other RNAs (Granular Component as GC). (b) Enlarged Golgi zone of (a).



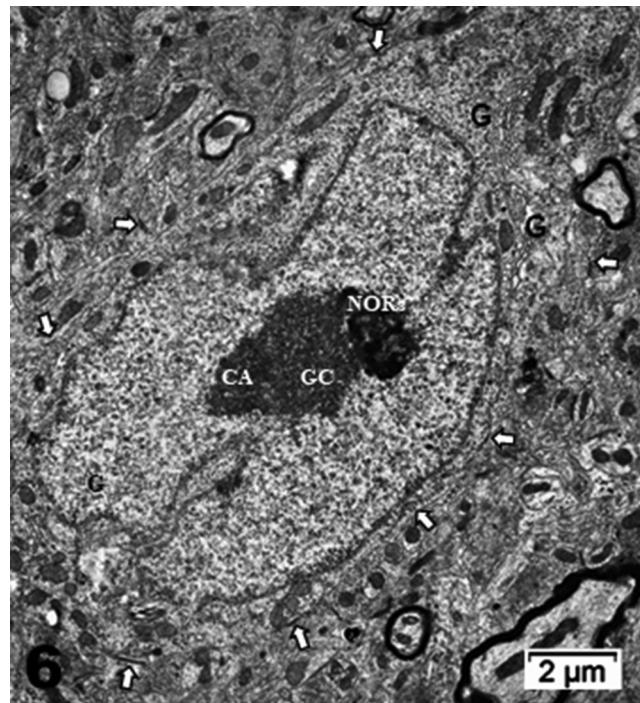
**Figure 5.** (Continued).

with LM semi-thin sections a sort of wrinkled coffee bean-like aspects. Their heterochromatin

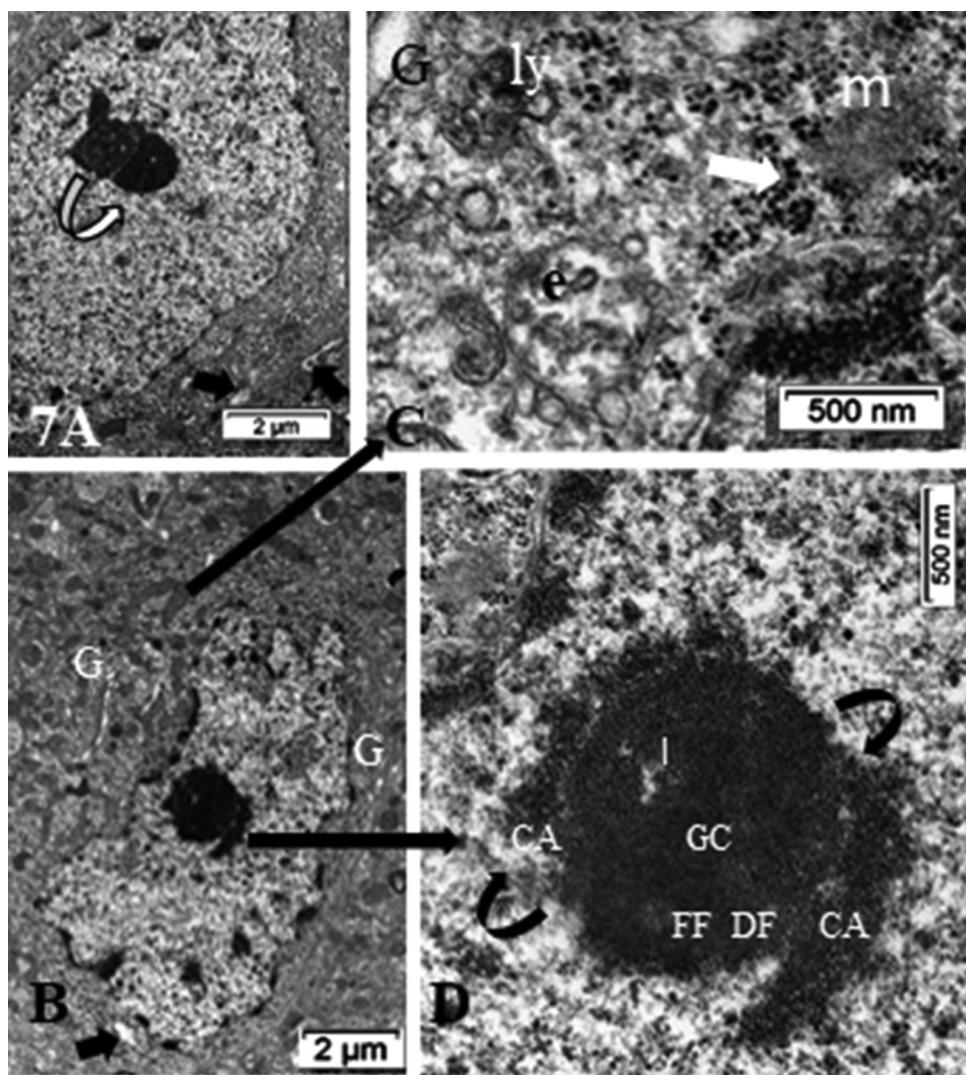
content was faintly dispersed throughout the nucleoplasm as discrete clusters while a few rare

packets decorated the inner nuclear envelope membrane with a part that constituted the chromatin-associated portion of the nucleolus. The nucleolus often reached 1.5 to 3.5  $\mu\text{m}$  wide and displayed characteristics of a very active cell. There, the chromatin-associated (CA) with the nucleolus component was noticed as the most heavily contrasted component of the active nucleolus forming wavy, dense-entwined swirls (dense fibrillar region or DF) delimitating circular zones containing the fine fibrillar regions (or FF), altogether named nucleolar organizer centers or NORs. Thus, a NOR usually appeared as a round hole perforation-like of the netting aspect whose content usually is a fine fibrillar region or body where the ongoing transcriptions occurred ([Figures 5a-d and 6](#)), as recognized and identified by previous studies. An enormous nucleolus with numerous NORs is depicted in [Figure 5c-d](#) where the resulting transcripts can be recognized as innumerable ribonucleoproteins and appeared as accumulated granular component. According to activity of the cell, these accumulations, within the meshwork of DF can create an

overflow granular ‘cloud’ that constituted the other nucleolus component or granular center (GC) of the nucleolus within the nucleoplasm ([Figure 5d](#)). Again, any random sectioning plane sometime did not allow to view the entire complexity of the nucleolus. In any favorable case of plane of ultrathin sectioning, the neuron nucleolus was most often detected in a subcentral core position of the nucleoplasm associated with a zone where one deep indentation of the nuclear envelope existed as seen with LM views ([Figures 3, 4 and 5 a-d](#)). The perikaryal areas of the neuron cell bodies seemed narrow but crowded by typical cell’s organelles such as small stacks of Nissl bodies where RER-SER and free polysomes accompanied concentrically-located saccular packets of Golgi apparatus, small but numerous mitochondria and a few lysosomal bodies among which some displayed pale inner fatty droplets, making them typical lipofuscin residual deposits. It necessitated some scrutiny to detect some of the axo-somatic synaptic zones along the perikaryal neurolemma as marked with arrows ([Figure 6](#)).



**Figure 6.** Neuron cell body of NN murine latero-ventral thalamic region. (a): Euchromatic nucleus with deeply indented envelope reaching, in its central zone, the large nucleolus and its 3 main aligned components indicating high transcription activities: CA: chromatin associated, GC: granular center (ribonucleoprotein components); CA+GC both forming nucleolar organizer centers or NORs; DF: dense fibrillar and FF: fine fibrillar region. G: Golgi apparatus; axo-somatic synapses are marked by small white arrows. Compare this micrograph with that of [Figure 11a](#).

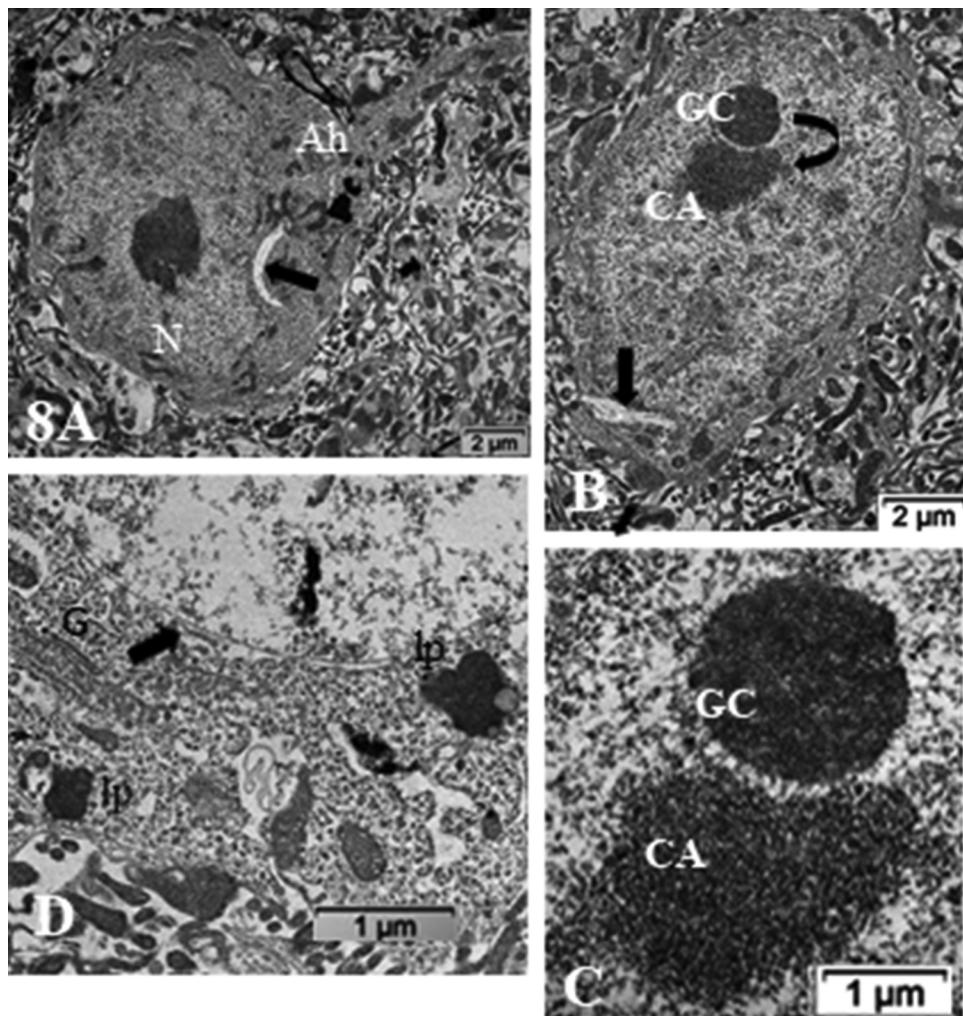


**Figure 7.** (a-d): HN neuron cell bodies of the parenchyma of the latero-ventral thalamic parenchyma showing the nucleus topology change (a-b) as well as the nucleolus. (a and b) segregation of the nucleolus CA/DF regions from GC component (curved arrows in A and D) suggestive of a reduced or stoppage in transcriptional activities because accumulated ribonucleoproteins (GC) amassed separated from the chromatin (CA) becoming concentric of GC, and its extension as dense fibrillar (DF). The fine fibrillar region (pale circles in nucleolus depicting transcription (FF) is absent. In the GC mass, interstices are formed (I) as CA leaves the nucleolus. Example of perikaryon of (b) in (c) revealed scattered free polysomes but none attached to adjacent endoplasmic reticulum (white arrow), part of Golgi zone, an endosome (e) and many coated vesicles, maybe forming autophagosomes (ly); a peculiar fuzzy osmiophilic mass (m) deposits among the cytosol. Note discrete intercellular spaces formed by  $[Na^+]$  depletion.

#### HN thalamus

At first glimpse, this chronic hyponatremia treatment featured HN neurons that displayed a serrated or crumpled to round aspect, according to their location that went along with a matching pattern of the nucleus shape (Figure 7a-b). A rounder aspect can be noted when adjacent to blood vessels (Figure 7a) while the elongated, crumpled shape, was noted in the neuropil (Figure 7b). In all cases, the large euchromatic nucleus reminded the large NN ones while the astrocytes or oligodendrocytes contrast was changed, as

highly enhanced compared with those NN ones, as suggested by semi-thin sections (Figure 3 HN) as also noted in other studies by.<sup>72-74</sup> Furthermore, the nucleus envelope wrinkled outline was enhanced by the small-accumulated blotches of heterochromatin (0.1 to 0.8 μm long) along the inner membrane while accumulated 35–150 nm specks or knots of heterochromatin distributed throughout the nucleoplasm. In some areas of this nucleoplasm, groupings of 35–65 nm wide specks were seen in the loosen marble-like, entwined small heterochromatin condensations. In these HN cells,



**Figure 8.** (a-d): ODS12h nerve cell bodies in the demyelinated region, ventrolateral nuclei of the mouse thalamus. Nucleus shows a prominent nucleolus where both chromatin- associated (CA) and granular center (GC) are recognized and completed separated from one another (curved arrow) along with other perikaryal damages (arrows in a-c); Ah: axon hillock. In (d): damages consist in ER membrane's degradations, including those of the nucleus envelope (arrowed), the endoplasm and Golgi apparatus (G); lipofuscin bodies (Ip). CNS parenchyma is the degraded neuropil in (a-b and d).

a densely contrasted nucleolus was disclosed demonstrating a dissociation into its subcomponents, especially between the compacted ribonucleoproteins viewed as round to piriform granular center (GC), its discrete nucleolemma interstices and its associated heterochromatin (CA) outlined by a progressing rift between the GC mass and the CA components (Figure 7a,b and d). Other features of neuron cell bodies were the perikaryon organelles such as winding saccules of endoplasmic reticulum (ER) showed contrast but were free of the disseminated, surrounded polyribosome strings and a major Golgi zone. Other membranous

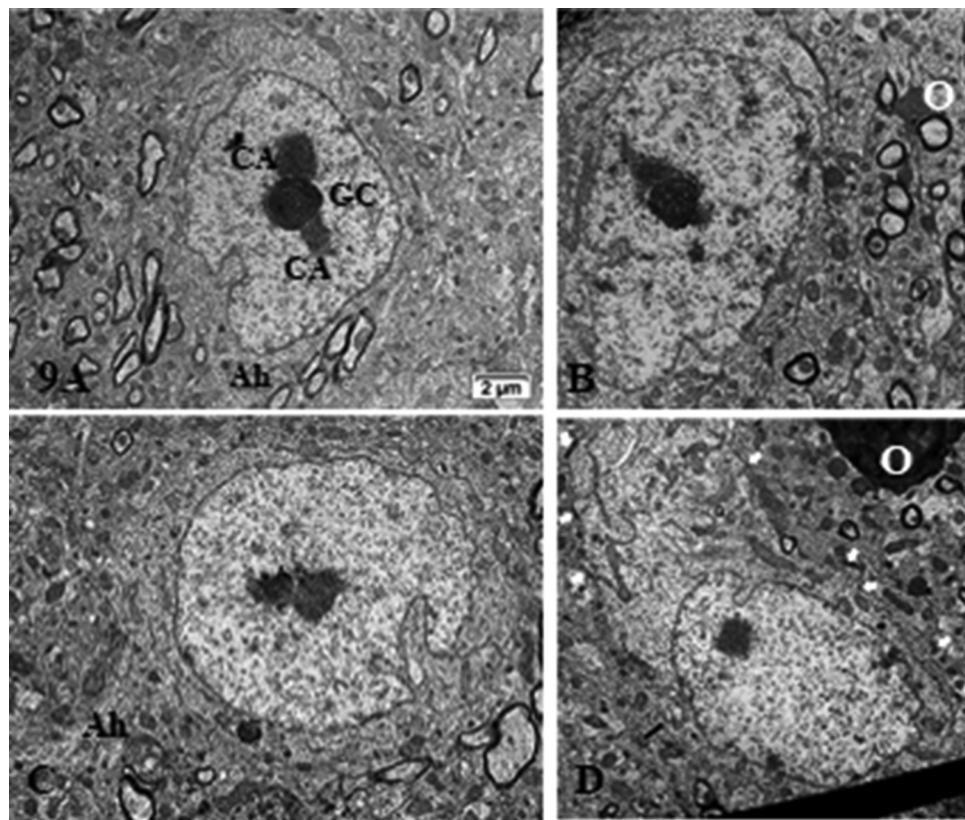
structures appeared as lysosomal bodies or autophagosomes insulating damaged structures, forming wraps and contained some polysomes. Several peculiar round aggregates, dense to electron, and ranging from 100 to 250 nm in width, decorated the neuroplasm and emerged in the adjacent neuroplasm of these Golgi cisterns. These bodies occurred without a limiting membrane and made of hazy material that even after scrutiny of a higher ultrastructural magnification did not resolve into any structured organelle or cytoskeletal microfilaments (Figure 7c). This hyponatremia seemed to have induce minor cristae swelling of the many but

small mitochondria found that did not display evident gross swelling and hypertrophy like those of macroglial cells.

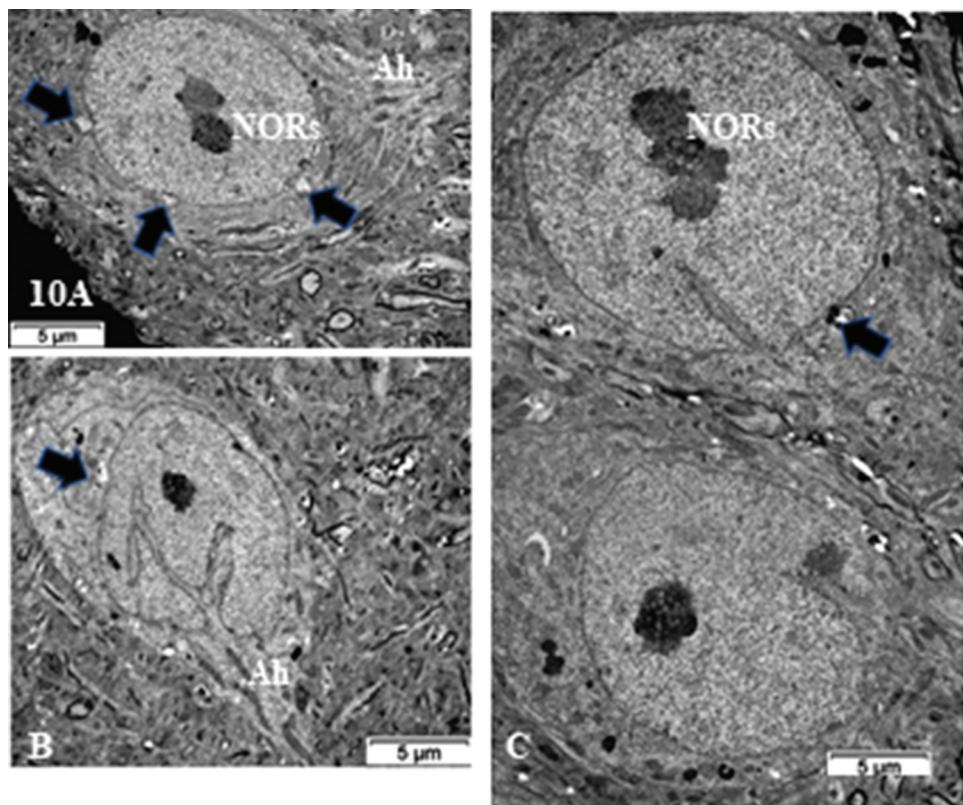
#### *ODS12h thalamus*

**Inside the zone of degraded myelin.** If degradations of the neuropil at ODS12h were nor visible with LM, TEM observations were able to detect early significant defects that occurred within the worst damaged areas only viewed with LM at ODS48h, i.e. the nerve cell bodies were mainly preserved during these ongoing demyelination injuries involving the distal cell extensions and the macroglia (**Figure 8a–e**). These neurons usually displayed a compact, sub centrally-located nucleolus that showed complete dissociation between its components involved in transcriptional activities, i.e. the chromatin-associated with the nucleolus was segregated away from the granular center that formed a sphere-shaped

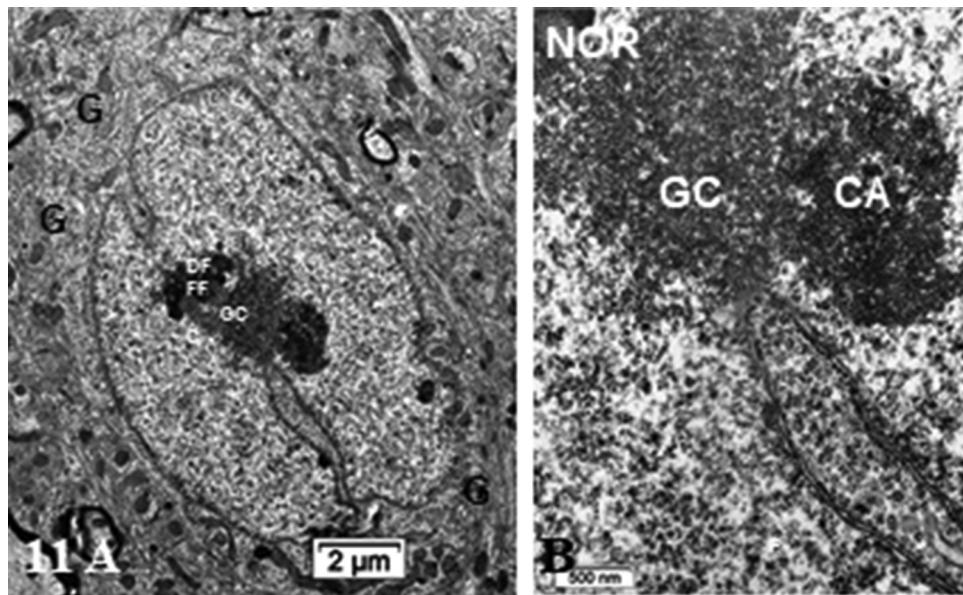
mass speckled by tiny pale-contrasted regions, maybe as left-overs or constricted fine fibrillar centers. The amassed macromolecular structures revealed fine, sprinkled dot pattern of 20 nm or less in size; additionally, no evident nucleus envelope indent was found (**Figure 8a,b and d**). Most of the time, the perikaryon adjacent to the nuclear envelope revealed in all neurons one long curved emptied vacuolated space amongst the neuroplasm and amongst grossly swollen mitochondria, endoplasmic reticulum (ER) cisterns and lipofuscin bodies that contrasted with accumulated small size, disintegrated-like polysomes. There, parts of were noted with disintegrated Golgi zones. Membrane seemed to have incurred ‘fragilization’ because showed single leaflet membrane as unilateral remnants as curve-shaped and teared areas of the neuroplasm that cannot be identified as parts of that ER (**Figure 8a–e**). If some initial segment as



**Figure 9.** (a–d): Pane with ODS12h nerve cell bodies preserved, adjacent to the demyelinated zone of the ventrolateral thalamus showing typical euchromatic nuclei with prominent nucleoli where components, although evident in all the featured micrographs, do not form NORs and are centrally placed and somewhat segregated into CA and GC regions. In (b and d), highly contrasted oligodendrocyte section parts in the surrounded neuropil (O). In (d), small white arrows display examples of axo-somatic synaptic sectors. Ah: axon hillock; G: Golgi zone; arrow shows autophagosome. Scale in A is the same for (b–d).



**Figure 10.** (a–c): TEM pane with ODS 48 h thalamus euchromatic nerve cell body aspects among the neuropil where damages can still be viewed as myelin damages remained throughout. Prominent nerve cell bodies with nucleolus have regained round with indentations and highly contrasted but active nucleolus organization (NORs) have reorganized into all active parts as those described in NN cells. Arrows indicate nucleus envelope damages. Ah: axon hillock.

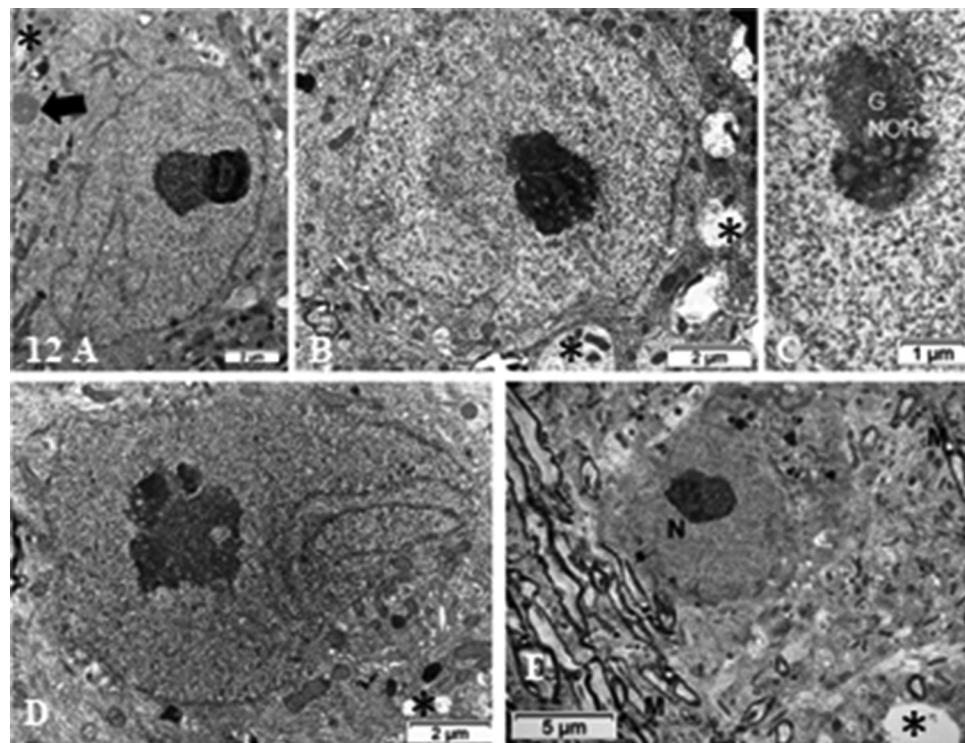


**Figure 11.** (a,b): Pane of one ODS 48 h nerve cell body of murine thalamus showing similar aspect nucleus as found in some NN cells (see [Figure 6](#)), including a similar display of its envelope indent. The prominent nucleolus is revealed with NORs and components with a huge cloud of ribonucleoproteins (GC) and the chromatin associated (CA). Golgi apparatus encircles the nucleus in the reactivated perikaryon. Neuropil surroundings still reveal discrete to evident demyelinated axon damages as remnant whorls or evident interfascicular cavities or voids. (b): Enlarged aspect of the (a) nucleus depicting nucleolus where ribonucleoprotein reach the adjacent envelope indent whose neuroplasm content is loaded by numerous polysomes, aimed at translational activities.

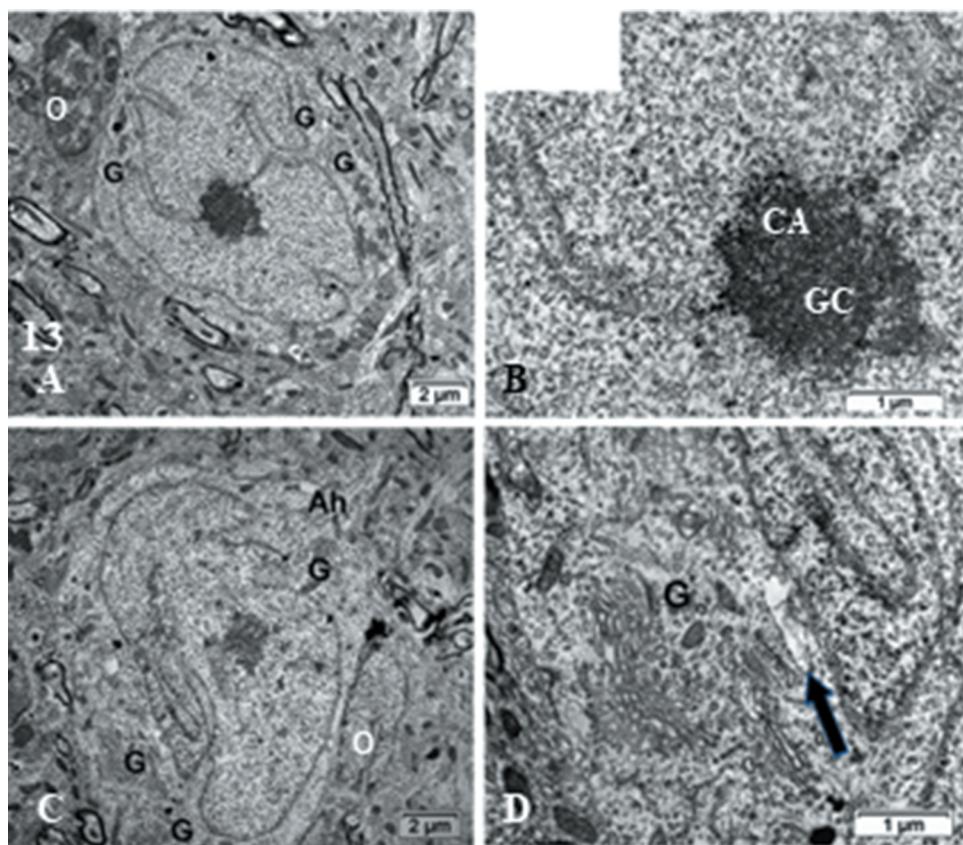
axon hillocks can be seen (e, g, Figure 8a), other structures, such as axo-somatic synapses, noted in NN cells, were not recognized.

**In the adjacent reactive astrogliosis zones, at ODS12h.** Further away from the deteriorated region, ODS12h neurons preserved cell bodies with axon hillock extensions, even if some were difficult to outline (Figure 9a-d). However, most ODS12h cell bodies maintained axo-somatic synaptic zones along the neurolemmal perimeter as exemplified in Figure 9d. The nerve cell bodies were still the largest cells amongst the neuropil showing round to ovoid nuclei appeared euchromatic and kept only small indents while the nucleoli condensed in large accumulated-like and elongated complex spheroids of granular ribonucleoproteins that seemed separated by narrow splits from the associated contrasted, chromatin fibrillar region aggregated, detected as one or more neighboring patches. Most of these features revealed stoppage of transcriptional activities but

not enduring damages found in oligodendrocytes and astrocytes. Simultaneously, a loosen, marbled aspect of the nucleoplasm exposed its euchromatic features with displays of innumerable freckles of heterochromatin whose groupings can be revealed throughout the nucleoplasm and outwardly enhanced the inner membrane of the envelope. The perikaryon also contained a few erratically long, winded RER cisterns accompanied by lots of small polyribosomes where several small stacks or elongated Golgi apparatus saccules were viewed as circumscribing dilated parts of the perikaryon. In the same areas, the surrounding neuropil contained parts of intermingled oligodendrocytes (Figure 9b and d), conspicuous with their condensed nucleus and cytoplasm, indicating that general acidification and distal, regional damages these cells had undergone while ODS recovery was apparently happened in neurons, as seen in this study. These nerve cell bodies were noted having preserved many axosomatic synaptic zones (Figure 9d).



**Figure 12.** (a-e): Pane of ODS 48 h nerve cell bodies of murine thalamus containing several examples of nucleus profiles (a-d), associated prominent activated nucleoli revealing many NORs, and adjacent neuropil with damaged axons whose removal of myelin have left intercellular spaces or voids (stars in b, d and e). (a) peculiar neuroplasm deposit is arrowed in (a) (see Figures 14–15). (c): enlarged nucleolus with NORs: (g): granular component; CA: chromatin associated chromatin. (e): Neuron adjacent to a myelinated nerve bundle; star: intercellular cavity left from myelinolysis.



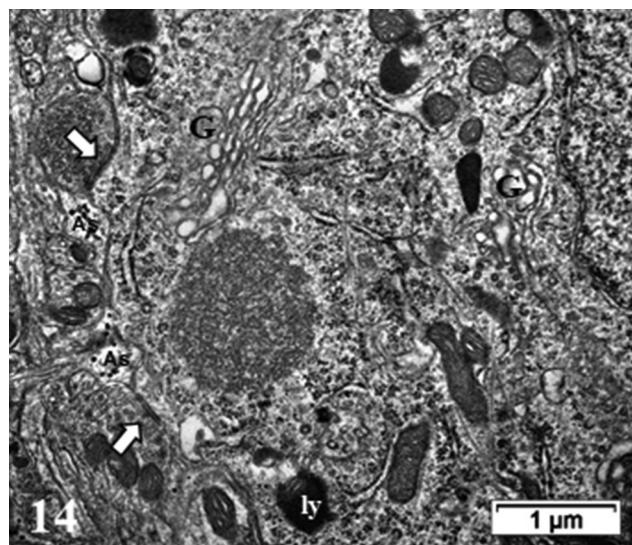
**Figure 13.** (a-d): TEM of ODS48h ventro-lateral thalamus neuron cell bodies with the enlarged perikaryon. Both depict long deep, twisted indent of the nucleus envelope as if reaching the active nucleolus, as in [Figure 11a](#) viewing many organelles i.e. G: Golgi, ly: lysosomes, ER and mitochondria. Ah: Axon hillock region; CA: chromatin associated to nucleolus, GC: granular center; O: oligodendrocyte; Arrow in (d) indicates fragile nucleus envelope endoplasm defects.

#### **ODS48 h thalamus**

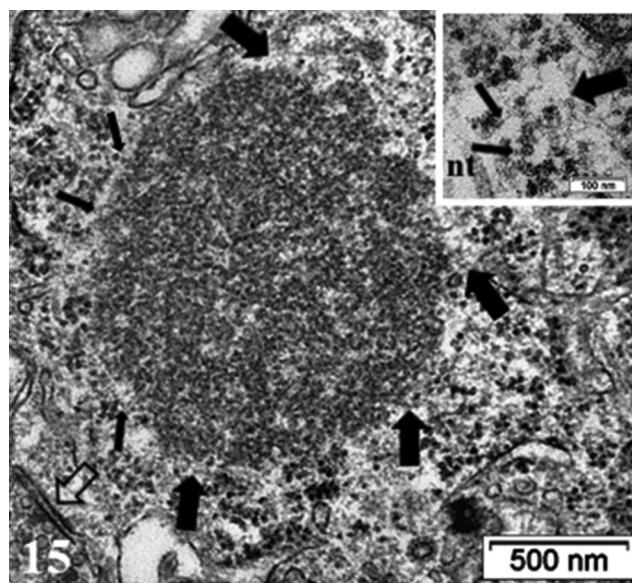
As a result of this treatment, neuron cell deaths were never found whether with LM or TEM. Instead, in the adjacent neuropil of these neuron cell bodies, ODS demyelination damages lingered as swollen-vacuolated corpses of axons and voids, displaying variable widths, were further evidences of degradations ([Figure 10a-c](#)). ODS 48 h neuron cell bodies demonstrated large size. In these cell bodies, the nucleoli became again constituted by a highly contrasted, thick fibrillar component (or chromatin-associated) that formed small were noticed as evidences of huge transcription activities with only small granular adjacent regions ([Figures 11-13](#)). heightened and sometimes branching nuclear envelope furrows and with some of them appeared reaching inwards and abutted the nucleolar structure ([Figures 11-13](#)). Most nucleoli rebuilt up their entwined components and became as large as 5-7  $\mu\text{m}$  long ([Figures 11a-e, 12a,b, 13a-d](#)). There.

NORs were again easily detected as accentuated twirls or tight chromatin spirals wherein narrow poor contrasted, fine fibrillar regions developed and both got surrounded by clouds of granular centers of huge number of ribonucleoproteins ([Figures 11-13](#)).

At this time course of thalamic experiment, perikaryal translational activities were also adjusted by the functional organelles similar to those typified in NN neurons: polyribosomes and some RER, Golgi apparatus with stacks of saccules, small and elongated mitochondria and neurotubules even though Nissl bodies were not evident amongst the innumerable ribosomes, in dispersed forms either as free polysomes or attached to the endoplasm saccules. Many lysosomal bodies as remnants of autophagosomes and lipofuscin bodies can be viewed, along the nuclear envelope left and, in some cells, fragile tiny zones ([Figure 10a-c](#)) or amongst the wide



**Figure 14.** TEM aspect of the enlarged neuron perikaryon of Figure 11a with many organelles i.e. G: Golgi, ly: lysosomes, ER and mitochondria along with a peculiar round fibro-particulate aggregate. N: nucleus. Some of the axo-somatic synapses are indicated by open arrows; G: Golgi, ly: lysosomes, ER and mitochondria along with a peculiar round fibro-particulate aggregate. N: nucleus; axo-somatic synapse (arrowed). As: Astrocyte parts with beta-glycogen granules.



**Figure 15.** Detailed view of the fibro-particulate aggregate where sticking out filamentous extensions are marked by thick arrows and thin arrows indicate particulate parts. Axo-somatic synapse (open arrow). Insert: Exhibit of the edge of the aggregate somewhat concealed components indicating that threads emerging out of it are from 4–5 nm in thickness (wide arrows) with mRNA – polysome structures (thin arrows); nt: neurotubule.

perikaryal other organelles (Figures 14 and 15). There neurotubules are haphazardly scattered among neuroplasm fields. In some neurons, recovering axo-somatic contacts and the many perikaryal functional organelles revealed peculiar fibro-granular aggregates that can reach 1–1.5 μm in diameter, such as in Figure 11a,

enlarged in Figures 14 and 15. A scrutiny of them showed protuberant filamentous and granular components. There, the granular components seemed to reach the size of ribosome particles or parts of them while the intermingled thin filaments reached much less than 7 nm and are closely matched with either some mRNA

inter-ribonucleoproteins or as actin cytoskeleton, unless tangled oligomer parts of neurofibrils but those could not be detected in these damaged zones under reactivation but in other cortex zones, adjacent to thalamus.<sup>73</sup> Meanwhile, we have reported<sup>72–74</sup> that, satellite oligodendrocytes (Figure 13 a and c) and interfascicular ones as well as astrocytes, after enduring reactive astrogliosis – as clastomatodendrosis – survived after damages and were recognized by their loose deposits of beta-glycogen particles (Figure 14), as in.<sup>74</sup> In this study, they were again detected, not without scrutiny, among the neuropil as delicate extensions by resolving spread of the same beta-glycogen particles in most sections of the specimen studied, but only with the highest magnifications.

## Discussion

Neurons cell bodies have been reviewed extensively in classic textbooks dealing with normal ultrastructure and some pathology.<sup>83–88</sup> There, most features described and reviewed with fine structure aspects belonged to the CNS pyramidal and cerebellar structures while myelination formation, biochemistry and as well as and defects were also parts of more specialized books<sup>89,90</sup> but very few of them have dealt with thalamus fine structure.<sup>85,91–94</sup> However, thalamus connectivity has been done in scarce publications (i.e.<sup>95</sup>) and some authors who have even entitled ‘ultrastructure’ in their reports only illustrated with light microscopy (i.e.<sup>54,94,96</sup>) while others showed morpho-functional interconnections.<sup>97–100</sup>

### **ODS demyelination in the murine thalamus**

The thalamic neurons studied are part of the relay ventral posterolateral (VPL) and ventral posteromedial (VPM) nuclei.<sup>85,91,92</sup> These thalamic osmotically extrapontine-susceptible regions contain neuroglial cells that undergo injuries and cell deaths recognized to incur as regional damages associated with myelinolysis.<sup>72–74,101–103</sup> These regions are essentially constituted by inhibitory interneurons that synthesize GABA or neuropeptides as neurotransmitters<sup>104</sup> and modulated by numerous serotonergic or norepinephrinergic axons interrelationships can see their

functions altered by ODS.<sup>72</sup> If nowadays, ODS clinical defect is now being adjusted,<sup>105</sup> literature still contains clinical cases developed along a similar neuropathologic pattern which outcome has still need to be best cared for by understanding the etiology and defect outcome,<sup>106–108</sup> probably originating from astrocyte signals caused by the osmotic stress<sup>73,74,101–103</sup> and defect in the blood-brain barrier.<sup>109,110</sup> In the CNS, thalamus is a region where most frequent ODS myelin loss first occurred; it has one of the highest energetic demands of the CNS, confirmed by tomographic imaging for its peculiar sensitivity,<sup>111</sup> maybe implicating some neurovascular coupling.<sup>112,113</sup>

Thalamic neurons have been described in some aspects of morphology encompassing the relay functions deemed by these areas of the thalamus, but only a few studies included ultrastructure aspects in mammals.<sup>91–93,114–121</sup> In other studies, where a rapid correction of chronic hyponatremia in rats recapitulates most of the human ODS histopathology, it was shown that myelin and oligodendrocyte losses occurred with neurons and axons sparing in specific brain regions such as cortical regions, hippocampus and basal ganglia associated with somatosensory relationship defects.<sup>64,101,102</sup> In this paradigm, following other similar studies,<sup>72–74</sup> the same murine model developed an astrocytopathy leading into oligodendrocytopathy with unambiguous demyelinating lesions in the thalamus, as shown in Figure 2a–d. Following hematoxylin and eriochrome cyanine R staining, parasagittal brain sections demonstrated a conspicuous loss of myelin of the white matter in several specific regions, such as the thalamus, colliculus, and pons. The demyelinated thalamus region was delimited with sharp borders in ODS48h brains but no obvious difference of myelin staining was observed between NN, HN and ODS12h thalami (Figure 3a–c). The ventral posterolateral (VPL) and ventral posteromedial (VPM) nuclei examined with other immunomarkers for myelin (i.e. myelin basic protein or MBP) confirmed myelin loss in the same areas and quantitative changes of this immunolabelling showed a clear myelin loss at ODS 48 h and at later time points.<sup>72,73</sup> There, an exhaustive list of demyelinated brain regions, such as thalamic nuclei, parietal associative cortex, secondary visual cortex, primary motor and somatosensory cortex were the most damaged and again data were comforted

by combined imaging and energetic data by Hochstrasser and collaborators.<sup>111</sup> Demyelination was never detected in highly myelinated tracts (i.e. the corpus callosum or the anterior commissure).

### **ODS and NeuN labeling**

Subtle differences in the immunolabel density can be noted amongst treatment groups but, taking account that each microscopic preparation was batch-processed similarly, these differences could likely relate with the dynamic variations of the changed nerve cell functions associated with the expression of nuclear and cytoplasmic transcript proteome. NeuN immunolabeling have been discussed by several authors and it has been verified to specifically and exclusively mark the mature neuron nucleus<sup>122–125</sup> and in its altered states, including neuro-oncology.<sup>126–128</sup> The same studies never found NeuN labels in immature neural progenitor cells nor macroglial cells. Some authors have also noted a decreased immunostaining could be elicited by a temporary-suspended synthesis of some neuron proteins due to damage while viability was preserved, e.g. histone proline component (Williamson, 1994). When using a moderate ischemia model (30 min ischemia), it was found that neurons lose NeuN immunoreactivity 6 h after exposure, while retaining the integrity of the NeuN protein. This product of the Fox-3 gene (Fox abbreviated for ‘Feminizing locus on X’ with 3 types of genes 1, 2 and 3) belongs to the Fox-1 gene family of splicing factors, including synapsin I.<sup>129–131</sup> Fox-3 was essentially located in the nuclear matrix and, thus, marked only mature neurons for heterogeneous ribonucleoproteins or hnRNPs<sup>132,133</sup> also located in the nucleoplasm and detected through Western blots that disappeared with RNase A treatment; a constant SRm160 and constant translocation shuttling between neuroplasm and perikaryon transcripts toward perikaryons as a follow up from Fox-3 activities.<sup>125,134–136</sup>

Thus, in NN, HN and ODS48h experiment groups, alternative splicing likely regulated and modulated many of the thalamic neuron proteins through spliceosome’s processing and affected transcriptional RNAs along the fine fibrillar center inner edges of the nucleoli.<sup>137–148</sup> This label pattern would agree with studies where NeuN label cross-

reacted with the production and turnover of synapsin I, traced in the cytoplasm (e.g.<sup>129,149</sup>) One could assume that, in Figure 3 ODS12h, the cell bodies featured a poor labeled NeuN nucleoplasm also reflected a stoppage or depleted transcriptional activities while some labeled products were already in the neuroplasm, i.e. this staining pattern may locate NeuN isoforms preserved by fixation process as shuttling components or factors exchanged between nucleus and neuroplasm. Therefore, the sorting of the adequate synthetic macromolecular proteome maintained in NN neuron’s functions, e.g. receptors, ion channels, including aquaporins, tau proteins, aspects of neural plasticity dealing with presynaptic components<sup>125,129,135,136,150–152</sup> has been reactivated as NeuN indicated from weak nucleoplasm ODS12h contrasted pattern toward a stronger nucleoplasm label in the nerve cell bodies of the ODS48h treatment.

### **ODS LM semi-thin sections as morphologic clues**

LM views of  $\mu\text{m}$  thick epoxy sections of all the treatments showed morphology changes of the nuclei, from oblong to round and indented with large-contrasted nucleoli in a sort of sequence: NN = ODS48h > ODS12h > HN, where HN cell bodies and nuclei displayed shriveled aspects. LM features did not reveal changes in the neuroplasm but, between treatments, the surrounding neuropil displayed interstitial gaps more abundant in ODS48h than in ODS12h samples as many large voids probably resulted from the demyelinating damages, likely comforting the microgliocytes activity, removing corpses as debris of some oligodendrocytes, astrocytes and parts of demyelinated axons throughout the affected zones.<sup>72,73</sup> The epoxy semi-thin sections can again comfort the histology detection of thalamus damages observed in LM paraffin views as in Figure 2 and other brain sections viewed of the same experimental experiment.<sup>73</sup>

### **ODS TEM morphologic features**

In this murine ODS model, content and topologic changes of neurons, macroglia (astrocytes and oligodendrocytes) and microgliocytes have been verified, including those of cytoskeletal expression

disturbances, with immunolabels. There, some of the fine structure investigations of macroglia, microglia and of the neuron cell bodies of the same murine thalamus regions that underwent the same ODS conditions have been swiftly perused<sup>72,73</sup> and have been further supplemented in this fine structure analyses by focusing on the nucleus content and some perikaryon contents of the nerve cell bodies. The cell bodies of the ODS48h group most resembled the NN or Sham group, and thus, encouraged this further fine structure scrutiny, as reported, after comparisons made with the HN and ODS12h cohorts, in continuation with these previous studies on the ODS murine thalamus.

### ***The neuron nucleus morphology***

The typical functional morphology of the thalamus region studied contained NN or Sham nuclei revealed by their invaginated envelopes where many notches depths observed depended on the random plane of sectioning whose shapes are probably influenced by the cytoplasm/neuroplasm matrix modifications that accompanied changes in translational activities and of the extracellular environment changes, as verified in vitro and in vivo by others both in relationship with interphasic activities.<sup>153–166</sup>

The changes associated with hyponatremia displaying cell and nucleus outline's perimeter wrinkled and content revealed the combination of osmotic shock and changes the supportive cytoskeleton ensued with processing of the tissues.<sup>156,157,167–171</sup> The same changes went along with the detection of small, round mitochondria profiles with loss of cristae and only discrete swelling changes in the ER that also lost most attached ribosomes and polysomes, contrarily to the more evident observations made with the macroglia – astrocytes and oligodendrocytes- in hyponatremia where mitochondria revealed evident alterations, such as swelling and hypertrophy.<sup>72,73,109,110</sup> The lowest magnification of the electron microscope made us to compare at least 20 cell bodies from each treatment group; this qualitative survey indicated the nucleus shapes varies from round to oblong or oval with notches and with large, compacted nucleolus in the following sequence: NN = ODS48h > ODS12h > HN. Noting the similar finding as with the LM views of 1-μm thick epoxy sections.

There, the cell's nucleus and, especially, the nucleolus components, demonstrated changes in component's assembly revealed active (NN cells) to inactive (HN cells and ODS12h) and back to operating activities (ODS48h) i.e. where the accumulated mass of GC or ribonucleoproteins are not delivered in the perikaryon, i.e. they formed a huge transcript mass blocking further new transcripts, similarly to other models of post-injury of neural plasticity.<sup>137–148,172</sup> Bearing in mind that the nucleolus, now known as a contrasted body 'inclusion' of the 'organelle' nucleus of the cell was discovered more than 180 years ago<sup>173–175</sup> is significative that at LM level, tissue degradations were detected in regards with those of macroglial components of the CNS, but ultrastructure verified that, 48 h after rebalancing osmolarity, suggestive aspects demonstrated the restoration of neuron nucleus and nucleolus functions have already happened.

### ***The neuron cell body and nucleolus fine structure changes***

ODS12h neurons compared with the HN neurons had an oblong to oval-like nucleus and the nucleus not only became rounder than the HN one but also small indents managed to appear, reacquiring a sort of functional morphology of neurons with a still somewhat compacted nucleolus and heterochromatin packs layered along the inner envelope. These chromatin modifications have been already described as 'clumping' in the rat ODS.<sup>109,110</sup>

In the myelinolytic areas, where the neuron cell bodies remained with a Wallerian- degeneration type, changes not detected with LM in both the nucleus and perikaryon can be discriminated by ultrastructure where most interesting changes occurred in the nucleolus. The nucleolus components in ODS12h neurons closely surrounding of the worst myelinolysis showed segregation but to a lesser extent than the central, core-damaged zone, dismantled and the accumulated granular components transcripts separated away from the core nucleolus, loosing NORs, a pattern signified either a poor to obliteration or transient latency in making transcripts of the treated cells. This nucleolus changes had received a large body of evidences either in cell and molecular experiments, documented by numerous authors dealing with normal or treated cancer cells, revealing ultrastructure

that complemented those of the earliest morphologists that identified and investigated several specific ultrastructural immuno-molecular markers<sup>137–148,176–206</sup> and in monographs and books on the topic i.e.<sup>140,156,162,181,205–207</sup> During these injurious-like and peculiar self-salvaged conditions (ODS12h to ODS48h), the energetically-demanding transcriptional and translational activities needed to be largely forfeited for some minimal glycolytic maintenance<sup>202,204–213</sup> in order to preserve the nucleus and genome makeup during this period hyponatremia and immediately post hyponatremia, i.e. ODS while enduring a recuperation of osmolality. This type of safeguard has been noted in the thalamus ultrastructure has been also supported in another study.<sup>214</sup> Although, astrocytes usually maintained most energetic demands of neurons, as noted by persisted beta glycogen particles in ODS.<sup>215–218</sup> In ODS like other cytotoxic cell conditions of the normal or stressed tumor cells, neurons could adapt or uphold a minimal functioning for their sake and assumed for a time, glycolysis<sup>219,220</sup> within the same time-frame (i.e. ODS12h period), clastomatodendrosis has been found. This astrogliosis encompassed self-excisions of cell pieces and oligodendrocytes lost maintenance of myelin.<sup>73,74</sup> One may assume also that some uptake of intercellular, diffused metabolites (i.e. amino-acids) could be done<sup>220</sup> and that some typical routes, via remained adjacent oligodendrocytes and astrocytes, left unaffected by ODS in the same murine model, reached the resilient neuron cell bodies<sup>72–74</sup> because, the dependence of traumatized neurons on glycolysis and oxidative phosphorylation remained unclear.<sup>220</sup>

At ODS 48 h, the chosen time lapse after osmolarity was rebalanced was marked by a return of apparent functions for the thalamus region investigated. All ODS 48 h neuron cell bodies (as shown in Figures 11 d, 12 a,b and 13 a–c), the nuclear envelope indents equipped the euchromatic cells with increased surfaces of delivery between nucleus products and the neuroplasm, perikaryon, adjacent and likely repair transcripts to get into translational activity. The processed transcripts emanating out of the nucleolus reached the neurolemma surfaces enlarged,

perikaryon gorges to disperse in the perikaryon and away using some sorts unmarked alleyways or tracks within the nucleoplasm. A general morphology comforted the nuclei that have restored functions similar to those of the Sham control or NN cell bodies of the same CNS region because even if the nucleus does not change volume from round to elongated ovoid, they revealed homeomorph topologies by increased notches or indentations of their envelope section's profiles. In addition, the reappearance of the nucleolus NORs, where heterochromatin associated with the nucleolus developed dense fibrillar component, and out of it, fine fibrillar regions (chromatin unpacked from histones where transcripts are formed in the small, circular grayish areas) where alternative splicing occurred and still not clearly understood for its roles in neuronal biology. There spliceosomes must assemble onto each intron to catalyze its excision, and this assembly is controlled by a large number of pre-mRNA-binding proteins. These coincidental aspects of active restoration of the central machinery provided in normal and alternative splicing transcripts along with translational capabilities abundantly verified by ribosome, polyribosomes, processing ones<sup>221</sup> and the organelles found in the ODS48h.<sup>137–148,222</sup> The outer nuclear leaflet being an extension of the RER.<sup>169,223–231</sup> The processed ribonucleoprotein precursors, accumulated in the nucleoplasm then translational macromolecules reached the perikaryon, through the nucleus envelope increased surface and allowed for more nucleoplasm-neuroplasm exchanges in providing more nuclear pore passageways for transcripts at sites for homeostatic maintenance and functional cell's activities verified by some reestablishment of typical neuroplasm structure notably, the polysomes, rough ER and Golgi apparatus appearances. The ODS 48 h narrow, immediate concentric perinuclear neuroplasm with essential cell structures maintained then seemed to refurbish by restitution of the perikaryon organelles. Thus, the nucleolus of the nucleus of the neuron cell bodies revealed NORs, large amounts of perikaryal polyribosomes revealed the reestablished nuclear transcription activities have a pathway to translational ones because of the complete

reorganization and rehabilitation of perikaryal organelles, such as RER, Golgi apparatus sacculles, even though the distal extensions and interconnected neuropil components were still with defective structures. In some areas, peculiar 'nail-cut-shaped' teared areas of the neuroplasm were found, either indicating some cytoskeletal disturbances or fragile neo-formed phospholipid structures.

#### **The neuron cell body and the organelles**

Two days after osmolarity was rebalanced, the Wallerian, pruning demyelination zone.<sup>232 232–235</sup> that can take a few days (e.g. 2–3 days) in rats<sup>236</sup> had finally provoked -at this ODS 48 h time lapse - frothy aspects of many places of the neuropil as seen again in.<sup>72,73</sup>

where accretion of intercellular or neuropil remnants of injuries were found throughout the ODS regions, with variable degree of vacuolated-like aspects, resolved as small voids or spaces located in the interstitial neuropil myelinolysis around the withstanding cell bodies; there were no inflammatory response (as seen in Figure 4 ODS48h). There have been removal of debris or corpses that succeeded (after clastomatodendrosis-<sup>72–74</sup>) because microglial cells changed morphology without other course than containing phagosomes<sup>72,73</sup> while neuron cell bodies were still preserved in the same demyelinated areas, contrarily to that reported in.<sup>237</sup> Some salvage strategies, avoiding cell trauma toward neuron cell death seemed similar to.<sup>238</sup> The definition of ODS remained<sup>72,73</sup> because the main degradations occurred, caused by a disrupted osmotic gradient initiated in the vascular supply, transmitted injurious change signals to astrocytes that expanded into submitting oligodendrocytes into inadequate maintenance of the myelin<sup>74,89</sup> allowing some prompt but short-timed implication of the microgliocytes, properly 'trained' to then remove defective parts without creation of any other immunoreactive nerve tissue defects like in multiple sclerosis<sup>111,239</sup> as defined by the ODS condition<sup>64–66,72–74,233</sup> but where clarifications are still needed.<sup>240</sup> At ODS 48 h, myelin sheets have not all recovered and those repaired still contained disordered concentric layers due to intermembranous gaps and delicate smudge-like

aspects. In the core of degradative zones, inter-cellular spaces created by removal of axonal debris or corpses created free spaces within the surroundings of the neuron cell bodies, corresponding at fine structure level of what is called in classic histopathology terminology the spaces that resulted of necrotic CNS tissue as 'liquefaction necrosis'.<sup>241–243</sup>

#### ***The perikaryon and peculiar fibro-granular bodies***

Concurrently or associated with the tissue restorations that have been able to be shown with the astrocytes<sup>72,73</sup> one can verify that, the neurons of the thalamus, altered from myelinolysis as a result of ODS, after fixation and processing, some reestablishment and dispersion of transcripts toward a huge output in the neuroplasm of the thalamic cell body regions examined, revealed rare but peculiar accumulated structures in the form of fibro-granular aggregates or bodies, somewhat noted in some astrocytes at the same ODS 48 h time-point.<sup>73,74</sup> In these regions of the thalamus, neuronal inclusions have been found.<sup>244–246</sup> However, they are not made with membranes, thus cannot be considered as bunina bodies as shown in reconstructed neurons<sup>247</sup> and they were not degenerating or associated with endosome or lysosomes.<sup>249</sup> These structures, made of entwined and coiled fine filaments, are mixed with adherent granules smaller than ribosome granules but measured up their subunit size.<sup>250–256</sup> The filamentous network that appeared outwardly of these structures were very thin macromolecules (less than 5 nm in diam.) and could be of cytoskeletal actin and/or of associated depolymerized proteinaceous structure(s) linked with the ongoing dispatching or trafficking of ribonucleoprotein transcripts<sup>255–257</sup> as they associated with the nuclear creases accumulated while some proteome repression occurred<sup>257</sup> as in the case of the S100 protein in PNS?<sup>258</sup> Alternatively, if one considers that a functional nucleus undergoes oscillating waves, huge amounts of transcripts disseminated in the surrounded restoration neuroplasm to be proteome/metabolome translations and, associated with transport cytoskeleton 'sudden' loads of ribonucleoproteins<sup>258–263</sup> with the nucleus topology changed (indent as spheroid), immersed in a viscous liquid flow, could act as sort of swinging watermill surrounded by those

cytoskeletal macromolecules, mainly actin.<sup>170,171,258</sup> This oscillating, turbulent flow in the neuroplasm could induce one eddy at the opposite side of the axon hillock along with the less mobile, concentric organelles.<sup>264,265</sup> These mechanic stagnation points in the perikaryon layer would then provoke a deposition or pile up of collected translational materials for proteomes alongside cytoskeletal and/or supportive macromolecules.<sup>255,266–269</sup> Post ODS, oligodendrocytes seemed to recover much later than the period studied here because the typical markers used for myelin expression showed with LM ‘demyelinated’ zone in Figure 2 ODS48h and<sup>72,73</sup> while electron microscopy data reviewed here suggested that healing processes encompassed the same thalamus nuclei, where intracellular phase separation dynamics would reorganize the perikaryon components<sup>270,271</sup> and new data revealed axon hillock and myelination recovery through reconstructed microtubule markers (not shown here and to be submitted), probably alike most favorable human neurologic healing post-ODS.

## Conclusion

Delay in Wallerian degeneration in CNS in comparison to PNS and, probably in regeneration as well, is not due to a delay in axonal degeneration, but rather is due to the difference in clearance rates of myelin between CNS and PNS.<sup>232,236</sup> In this report, the murine thalamus nuclei fine structure aspects can bring some new, interesting aspects relevant to other future murine neuropathology studies, especially those that would later involve knock out models and relate to ODS human situations where demyelinating defects encompass traumatic origin that associated with metabolic depletion of [Na<sup>+</sup>] (and other osmolytes) whose homeostatic restoration induced repairs.<sup>272</sup> This model can indicate that only ultrastructure would verify the changes endured by resilient neuron cell body nucleus and perikaryon out of a short-term Wallerian defect through some adaptative cell metabolic strategies. One could also speculate that adjacent external zones of the damaged deteriorating regions with a blood-brain barrier remaining

intact would assist with the less damaged and maintained astrocytes intercellular contacts with neurons and would facilitate in the structural and some functional resistance and reconstruction.<sup>64,71–74,101–103,109,110</sup> In ODS, no blood-born cells or proteins have been spilled out like in other neurodegenerative defects (i.e. multiple sclerosis or other CNS vascular trauma associated pathologies) making the injurious region damaged free from other immune reactivity<sup>112,113,133,273</sup> and other eventual potent follow-up necrotic neural sequels.<sup>274,275</sup> In ODS, clinical controlled rebalancing sodic osmolality allowed rapid neuron reactivation of their functions that involved, among others, aquaporins.<sup>276–279</sup>

Experiments that included molecular markers and ultrastructural verifications obviously can further verify and achieve clarifications of the cellular components involved in the regenerative plasticity of this type of mammal and human CNS damage where some data have only been scarce before the advent of recent molecular tools.<sup>103,280</sup> Here, the report demonstrates that the fine structure morphology of the nucleus alone and nucleolus content, as referred abundantly above, as in,<sup>281</sup> can assist to diagnose and understand whether neuron repairs occur in the animal models of neuropathology tested to eventually be translated into potential clinical outcome for some patients who developed defects post ODS.<sup>27,282,283,284</sup>

## Acknowledgments

JP B was supported by grants T.0023.15 from the Belgian “Fonds de la Recherche Scientifique Médicale” and the Belgian Foundation “Recherche Alzheimer/Stichting Alzheimer Onderzoek” (14001; Fund Aline). This ultrastructural study was performed in the Electron Microscope facility of the “Plateforme Technologique Morphologie - Imagerie” of the Université de Namur with the technical assistance of Corry Charlier and Valérie Suain.

## Funding

This work was supported by the Belgian Foundation “Recherche Alzheimer/Stichting Alzheimer Onderzoek” Fund Aline [14001] Fonds de la Recherche Scientifique

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