

Table of Contents

LIST OF ABBREVIATIONS	4
I. GENERAL INTRODUCTION	5
1. Foreword	5
2. Effects of Radiation Exposure on Living Organisms	5
2.1. Units of Measurement	5
2.2. X-ray Radiation	5
2.3. Nuclear Weapons	6
2.4. Nuclear Accidents	8
2.5. Summary of Effects of Radiation Exposure on Humans.....	9
3. Radiation Exposure from Medical Imaging	11
4. Methods for Measuring Dose Exposure in Medical Imaging	11
5. Methods for Dose Reduction.....	12
5.1. Justification.....	12
5.2. Optimization	13
5.2.1. Technical Advances	13
5.2.2. Optimization of Acquisition Protocols and Parameters.....	16
5.3. Limits and Regulation.....	16
II. RAISED QUESTIONS	18
III. SUMMARIES OF ORIGINAL STUDIES	19
1. Study 1: Organ-Based Tube Current Modulation: Are Women's Breasts Positioned in the Reduced-Dose Zone?	19
1.1. Purpose	19
1.2. Materials and Methods	19
1.3. Results	19
1.4. Conclusion.....	19
2. Study 2: CT Dose Survey in Adults: What Sample Size for What Precision?	27
2.1. Purpose	27
2.2. Materials and Methods	27
2.3. Results	27
2.4. Conclusions	27
3. Study 3: X-ray Examination Dose Surveys: How Accurate Are my Results?	37
3.1. Purpose	37
3.2. Materials and Methods	37
3.3. Results	37
3.4. Conclusion.....	37
4. Study 4: Are Referral Guidelines for CT Examinations Addressing all Clinical Scenarios? A comparison of EURO-2000 Guidelines and ESR iGuide.....	45
Eur Radiol (Submitted).....	45
4.1. Purpose	45
4.2. Materials and Methods	45
4.3. Results	45
4.4. Conclusion.....	45

IV.	SUMMARY OF THE RESULTS – ADVANCES IN KNOWLEDGE	69
V.	DISCUSSION.....	70
1.	Position of Women's Breasts in Relation to Organ-Based Tube Current Modulation	70
2.	Dose Survey Sample Sizes	71
3.	Imaging Guidelines	72
VI.	CONCLUSIONS AND PERSPECTIVES.....	73
VII.	REFERENCES	75